

**Survey on breastfeeding in Québec, 2005-2006**

**QUESTIONNAIRE**

**English version**

**August 2006**

FOR CONSULTATION ONLY

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**Q0**.....

Confirmation of the child's date of birth

Make corrections as necessary (FIELDS FOR "DAY", "MONTH", AND "YEAR")

Set limits and accept if within them.

If there have been multiple births, specify the birth order for the child in question.

.....

**Q1a** Did you give birth in a hospital, in a birthing centre, or in your home?

1 = in a hospital ----- go to Q1b

2 = in a birthing centre -- go to Q1b

3 = in your home ----- go to Q3b

4 = other (specify) ----- go to Q3b

9 = don't know / refusal - go to Q3b

**Q1b** How long was your baby in the hospital or birthing centre, counting from the hour of its birth?

1 = \_\_\_\_\_ hours

2 = \_\_\_\_\_ days

3 = \_\_\_\_\_ weeks

4 = \_\_\_\_\_ month

9 = Don't know / refusal----- go to Q2a

### **FEEDING SECTION**

**Q2a** While your baby was in the hospital or birthing centre, was it given breast milk at least once?

1 = yes

2 = no

9 = Don't know / refusal----- go to Q2b

**Q2b** While your baby was in the hospital or birthing centre, was it given baby or infant formula?

1 = yes

2 = no

9 = Don't know / refusal----- go to Q2c

**Q2c** While your baby was in the hospital or birthing centre, was it given water, sugar water, or herbal tea?

1 = yes

2 = no

9 = Don't know / refusal----- go to Q3a

**Q3a** Since leaving the hospital or birthing centre, has your baby been given breast milk at least once?

1 = yes

2 = no

7 = not applicable (the child is still in hospital)

9 = Don't know / refusal----- go to C4

**Q3b** Has your baby been given breast milk at least once since birth?

1 = yes ----- go to Q4

2 = no ----- go to Q13a (section on health practices during pregnancy)

9 = Don't know / refusal----- go to Q13a (section on health practices during pregnancy)

**C4**.....

*If Q2a = 2 AND Q3a = 2, 7, or 9, go to Q13a (section on health practices during pregnancy)*

*If Q2a=9 AND Q3a = 2, 7, or 9, go to Q13a (section on health practices during pregnancy)*

*If Q2a =1 AND Q3a = 2 or 9, go to Q6*

*ELSE go to Q4*

**Q4** In the past 24 hours, has your baby been given breast milk at least once?

1 = yes ----- go to Q5a

2 = no ----- go to Q6

9 = Don't know / refusal ----- go to Q6

**Q5a** In the past 24 hours, has your baby been given baby or infant formula (see the list for more specifications if needed)?

1 = yes

2 = no

9 = Don't know / refusal----- go to Q5b

**Q5b** Excluding baby or infant formula, has your baby been given cow's milk, goat's milk, sheep's milk, soy milk, or rice milk in the past 24 hours?

1 = yes

2 = no

9 = Don't know / refusal----- go to Q5c

**Q5c** In the past 24 hours, has your baby been given water, sugar water, or herbal tea?

1 = yes

2 = no

9 = Don't know / refusal----- go to Q5d

**Q5d** In the past 24 hours, has your baby been given juice?

1 = yes

2 = no

9 = Don't know / refusal----- go to Q5e

**Q5e** In the past 24 hours, has your baby been given solid food like cereal, fruit, vegetables, or meat?

1 = yes

2 = no

9 = Don't know / refusal----- go to C7a

**Q6** How old was your baby when you stopped giving it breast milk?

1 = \_\_\_\_\_ in months

2 = \_\_\_\_\_ in weeks

3 = \_\_\_\_\_ in days

7 = not applicable (I have not stopped giving breast milk/breastfeeding)

9 = Don't know / refusal----- go to C7a

**C7a**.....

If Q2b = 1 go to Q7b

If Q5a = 1 go to Q7b

ELSE go to Q7a

**Q7a** Has your baby been given baby or infant formula at least once since birth?

1 = yes ----- go to Q7b

2 = no ----- go to C8a

9 = Don't know / refusal ----- go to C8a

**Q7b** How old was your baby the first time it was given baby or infant formula?

1 = \_\_\_\_\_ in months

2 = \_\_\_\_\_ in weeks

3 = \_\_\_\_\_ in days

9 = Don't know / refusal ----- go to C8a

---

**Age validation : if Q2b=1, verify that stated age is less than or equal to the length of stay in the hospital or the birthing centre**

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**C8a**.....

If Q5b = 1 go to Q8b ELSE

go to Q8a

**Q8a** Excluding baby or infant formula, has your baby been given cow's milk, goat's milk, sheep's milk, soy milk, or rice milk since its birth?

1 = yes ----- go to Q8b

2 = no ----- go to C9

9 = Don't know / refusal ----- go to C9

**Q8b** How old was your baby the first time it was given cow's milk, goat's milk, sheep's milk, soy milk, or rice milk?

1 = \_\_\_\_\_ in months

2 = \_\_\_\_\_ in weeks

3 = \_\_\_\_\_ in days

9 = Don't know / refusal ----- go to C9

**C9**.....

If Q2b = 1 or Q5a = 1 or Q5b = 1, go to Q9

ELSE go to C10a

**Q9** Beginning at what age was your baby bottle-fed at least once a day either with baby or infant formula or with cow's milk, goat's milk, sheep's milk, soy milk, or rice milk?

1 = \_\_\_\_\_ in months

2 = \_\_\_\_\_ in weeks

3 = \_\_\_\_\_ in days

7 = not applicable (is not yet being bottle-fed at least once a day)

9 = Don't know / refusal ----- go to C10a

**C10a**.....

If Q2c = 1 or Q5c = 1, go to Q10b ELSE

go to Q10a

**Q10a** Since its birth, has your baby been given water, sugar water, or herbal tea?

1 = yes -----  go to Q10b

2 = no -----  go to C11a

9 = Don't know / refusal -----  go to C11a

**Q10b** How old was your baby the first time it was given water, sugar water, or herbal tea?

1 = \_\_\_\_\_ in months

2 = \_\_\_\_\_ in weeks

3 = \_\_\_\_\_ in days

9 = Don't know / refusal -----  go to C11a

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**Age validation: if Q2c=1, verify that stated age is less than or equal to the length of stay in the hospital or the birthing centre**

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**C11a**.....

If Q5d = 1 go to Q11b

ELSE go to Q11a

**Q11a** Since its birth, has your baby been given juice?

1 = yes -----  go to Q11b

2 = no -----  go to C12a

9 = Don't know / refusal -----  go to C12a

**Q11b** How old was your baby the first time it was given juice?

1 = \_\_\_\_\_ in months

2 = \_\_\_\_\_ in weeks

3 = \_\_\_\_\_ in days

9 = Don't know / refusal -----  go to C12a

**C12a**.....

If Q5e = 1 go to Q12b

ELSE go to Q12a

**Q12a** Since its birth, has your baby been given other foods like cereal, vegetables, fruit, or meat?

1 = yes -----  go to Q12b

2 = no -----  go to Q13a

9 = Don't know / refusal -----  go to Q13a

**Q12b** How old was your baby the first time it was given other foods like cereal, vegetables, fruit, or meat?

1 = \_\_\_\_\_ in months

2 = \_\_\_\_\_ in weeks

3 = \_\_\_\_\_ in days

9 = Don't know / refusal ----  go to Q13a

## SECTION ON HEALTH PRACTICES DURING PREGNANCY

- Q13a** During the three months preceding the start of your pregnancy (READ ANSWER OPTIONS)?  
1= You took acid folic supplements every day during the entire period  
2= You took acid folic supplements but not during the entire period  
3= You did not take acid folic supplements during the three months preceding the start of your pregnancy  
9= Don't know / refusal----- go to Q13b
- Q13b** During the first three months of your pregnancy (READ ANSWER OPTIONS)?  
1= You took acid folic supplements every day during the entire period  
2= You took acid folic supplements but not during the entire period  
3= You did not take acid folic supplements during the first three months of your pregnancy  
9= Don't know / refusal----- go to Q14
- Q14** During your pregnancy, did you smoke cigarettes?  
1 = yes -----  go to Q15  
2 = no -----  go to Q18  
9 = Don't know / refusal  go to Q18

The following three questions have to do with what best describe your use of cigarettes during your pregnancy.

- Q15** During the first three months of my pregnancy, I smoked (READ ANSWER OPTIONS)  
1 = every day  
2 = occasionally  
3 = I did not smoke  
9 = Don't know / refusal----- go to Q16
- Q16** During the following three months, I smoked (READ ANSWER OPTIONS)  
1 = every day  
2 = occasionally  
3 = I did not smoke  
9 = Don't know / Refusal----- go to Q17
- Q17** During the last three months of my pregnancy, I smoked (READ ANSWER OPTIONS)  
1 = every day  
2 = occasionally  
3 = I did not smoke  
9 = Don't know / Refusal-----  go to Q18
- Q18** At the present time, do you smoke at least one cigarette a day?  
1 = yes  
2 = no  
9 = Don't know / Refusal----- go to Q19
- Q19** During your pregnancy, how often did you drink beer, wine, or any other alcoholic drink (READ ANSWER OPTIONS)?  
1 = Every day  
2 = 4 to 6 times a week  
3 = 2 to 3 times a week  
4 = once a week  
5 = 2 to 3 times a month  
6 = once a month  
7 = less than once a month  
8 = never  
9 = Don't know / Refusal----- go to C20

## SECTION ON SOCIODEMOGRAPHIC CHARACTERISTICS

**C20**.....

Confirm the mother's date of birth and make corrections as necessary – PROVIDE FIELDS FOR "DAY", "MONTH", AND "YEAR"

**Q20** Do you have a high school diploma?

1 = yes

2 = no

9 = Don't know / Refusal----- go to Q21

**Q21** Have you ever attended a trade school, vocational education or business school, a CÉGEP, a university, or any other post-secondary-school educational institution?

1 = yes ----- go to Q22

2 = no ----- go to Q23

9 = Don't know / Refusal ----- go to Q23

**Q22** What is the highest educational degree you have earned (READ ANSWER OPTIONS)?

1 = Diploma or certificate from a trade school or vocational training school

2 = Diploma from a business college

3 = CÉGEP diploma

4 = University degree

5 = None of the above

6 = Other (specify)

9 = Don't know / Refusal----- go to Q23

**Q23** At the present time, are you receiving maternity or parental-leave benefits for example, payments under the federal employment insurance program, a private plan offered by your employer or under a CSST program)?

1 = yes ----- go to Q26b

2 = no ----- go to Q24

9 = Don't know / refusal ----- go to Q24

**Q24** What best describes your current situation (READ ANSWER OPTIONS)?

1 = I am working for a salary or wages or for a share of the profits----- go to Q25

2 = I am in school----- go to Q25

3 = I am in school and I am working for a salary or wages or for a share of the profits----- go to Q25

4 = I am not working and am not in school----- go to Q26a

9 = Don't know / refusal ----- go to Q27

**Q25** How old was your baby when you began, or returned to, work or school?

1 = \_\_\_\_\_ in months

2 = \_\_\_\_\_ in weeks

3 = \_\_\_\_\_ in days

9 = Don't know / refusal----- go to Q27

**Q26a** Do you think you might start, or return to, work or to school some day?

1 = yes ----- go to Q26b

2 = no ----- go to Q27

9 = Don't know / refusal ----- go to Q27

**Q26b** How old will your child be when you begin, or return to, work or school?

1 = \_\_\_\_\_ in months

2 = \_\_\_\_\_ in years

7 = \_\_\_\_\_ not applicable (not expecting to return to work or school for the next five years)

9 = Don't know / refusal----- go to Q27

**Q27** When your child was born, what was your relationship status (READ ANSWER OPTIONS)?

1 = I had a partner and we lived in a common-law union

2 = I had a partner and we were married

3 = I had a partner but we were not living together

4 = I did not have a partner

9 = Don't know / Refusal----- go to Q28

**Q28** What was the approximate total household income before taxes for your household over the last 12 months (READ ANSWER OPTIONS)?

1 = less than \$15,000

2 = from \$15,000 up to \$20,000

3 = from \$20,000 up to \$30,000

4 = from \$30,000 up to \$40,000

5 = from \$40,000 up to \$50,000

6 = from \$50,000 up to \$60,000

7 = from \$60,000 up to \$80,000

8 = \$80,000 or more

9 = Don't know / Refusal----- go to stop

STOP.....end of interview

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**SURVEY ON BREASTFEEDING IN QUÉBEC, 2005-2006**

**SOURCE OF QUESTIONS**

<b>Section</b>	<b>Question</b>	<b>Source</b>
<b>FEEDING SECTION</b>	q1a, q2a, q2b, q2c, q3a, q3b, q4, q5a, q5b, q5c, q5d, q5e, q6, q8a, q8b,	Questions developed for the survey in collaboration with L. Haiek
	q1b, q7a, q7b, q9, q10a, q10b, q11a, q11b, q12a, q12b	Questions adapted from the Survey on Breastfeeding in Montérégie (Haiek <i>et al.</i> , 2003).
<b>SECTION ON HEALTH PRACTICES DURING PREGNANCY</b>	q13a, q13b, q14, q18	Questions developed for the survey in collaboration with L. Haiek
	q15, q16, q17, q19,	Questions adapted from the Québec Longitudinal Study of Child Development, 1998- 2002 (Thibault <i>et al.</i> , 2001)
<b>SECTION ON SOCIODEMOGRAPHIC CHARACTERISTICS</b>	q23, q24, q26a, q26b	Questions developed for the survey in collaboration with L. Haiek
	q20, q21, q22, q25, q27, q28	Questions adapted from the Québec Longitudinal Study of Child Development, 1998- 2002 (Thibault <i>et al.</i> , 2001)