

Québec Survey on Smoking, Alcohol, Drugs, Gambling and Other Lifestyle Habits in High School Students 2025 - Information for parents

Greetings,

The Institut de la statistique du Québec (ISQ) is currently conducting the ninth edition of the *Québec Survey on Smoking, Alcohol, Drugs, Gambling and Other Lifestyle Habits in High School Students* at the request of the Ministère de la Santé et des Services sociaux (MSSS).

Your child's participation

Your child's group has been selected to take part in the 2025 survey. In the coming weeks, an ISQ interviewer will come to your child's classroom during class so that students can answer the survey questionnaire, which should take about 25 minutes.

Your child's participation is important, because it will help provide an accurate picture of certain lifestyle habits such as the use of screen devices, physical activity, smoking, vaping, alcohol and drug use, and gambling.

If your child refuses to participate, he or she will have to tell the interviewer who is in the classroom at the time of the visit. If your child is under 14 and you do not want him or her to participate in the survey, you must tell your child and notify the school.

Confidentiality and data transmission

The questionnaires completed by students will not be identified. The students' answers will therefore be confidential and will only be used for statistical purposes.

The survey is conducted in accordance with the *Act respecting the Institut de la statistique du Québec*. The ISQ has entered into an agreement with the MSSS, to whom the data collected will be sent, except for any information that could identify your child.

Ethical framework

The ethics committee appointed by the ISQ reviewed the survey to ensure it is conducted in a way that respects participants and protects their dignity.

To learn more: statistique.quebec.ca/etadjes

Thank you in advance for your cooperation and that of your child. You are helping us produce the high-quality statistical information that Québec needs to provide better services to young people.

Sincerely,



Marc Sirois
Chief Statistician