

## Growing Up in Québec Study



Dear mother,

We are happy to announce that your family has been selected to participate in the *Growing Up in Québec* study. This study aims to better understand the factors that influence children's well-being and development. Families from across Québec and from all backgrounds will take part in it.

By sharing your unique experience with your baby, you will contribute directly to the success of this study and to the advancement of knowledge about childhood.

### Here are the next steps:



You will receive a call from an interviewer in the next few days to explain the study, answer your questions, and schedule an appointment to do the interview by telephone or videoconference, at a time that is convenient for you.



At the time of the appointment, the interviewer will complete a questionnaire with you. The interview can also be done over two separate appointments if you wish.



After the interview, the interviewer will provide each parent with the information they will need to complete their questionnaire (online or on paper).



A \$50 cheque will be mailed to your family to thank you for your participation.

You will find important details on how the study will unfold in the attached pamphlet and on the website [statistique.quebec.ca/growingupinquebec](http://statistique.quebec.ca/growingupinquebec). Additional information is also available on the back of this letter.

### Questions about the study?

Contact us at 1-866-433-7828 or at [growingupinquebec@stat.gouv.qc.ca](mailto:growingupinquebec@stat.gouv.qc.ca).

We look forward to counting you among the participants in the study!

*Florea D.*

Daniel Florea  
Chief Statistician of Québec

## **Additional information**

### **How did you obtain my contact information?**

Your 5-month-old baby was randomly selected, just like several thousand other children of the same age. We obtained your contact information mainly from Retraite Québec and the Régie de l'assurance maladie du Québec (RAMQ), under agreements approved by the Commission d'accès à l'information in accordance with the *Act respecting Access to documents held by public bodies and the Protection of personal information*.

Please note that if we are unsuccessful in reaching you after a few attempts, an interviewer may go to your home to give you information about the study and answer your questions. If you agree to take part in the study, she will then schedule a telephone interview.

### **Do I have to take part in this study?**

Your participation in the study is voluntary, but **important**, since it will allow us to better understand the development of children in Québec.

### **Data collection process during the pandemic**

Normally, as part of this study, an interviewer would have come to your family's home for the initial meeting to complete questionnaires with you and carry out certain activities with the participating child. Due to the pandemic, we cannot visit you at home this year. This is why you are invited to answer the interviewer's questions by telephone or videoconference, via the Zoom platform. However, we hope to be able to meet you at your home as early as next year!

### **Confidentiality and data transmission**

This study is carried out in accordance with the *Act respecting the Institut de la statistique du Québec*. Statistique Québec will transmit the information you provide to the partners and researchers collaborating on the *Growing Up in Québec* study, with the exception of your name, your child's name, your address, and your telephone number. Before the data are made available to them, these partners and researchers must sign a confidentiality agreement that meets Statistique Québec's standards. All of your information will be kept **confidential** and will only be used for statistical purposes.

### **Ethical framework**

The study was reviewed by the ethics committee appointed by Statistique Québec. This committee is responsible for safeguarding the respect, dignity and integrity of those participating or included in the study.