

Étude sur le vécu des adolescents et adolescentes dans les milieux sportifs au Québec 2022-2023

Questionnaire anglais

Octobre 2022



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Avec la collaboration du ministère de l'Éducation du Québec et de la Chaire de recherche Sécurité et intégrité en milieu sportif de l'Université Laval.

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le contenu de cette publication :

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Conformément aux nouvelles pratiques de l'ISQ en matière de statistiques sociales, le genre a été mesuré en introduction dans cette enquête. Pour plus d'information sur cette mesure, veuillez consulter la page Web de l'Institut de la statistique du Québec concernant la prise en compte du genre dans les enquêtes, à l'adresse : statistique.quebec.ca/fr/institut/methodologie/classifications-et-definitions/methodologie-prise-en-compte-du-genre.

Préambule 1 Whether or not you play sports, this study is for you!

The data will be made available to the Ministère de l'Éducation and to a researcher from Laval University, and will only be used for statistical purposes.

It should take you about 20 minutes to complete the questionnaire. There are no right or wrong answers: we want to know **your** opinion.

In accordance with the *Act respecting the Institut de la statistique du Québec*, this questionnaire is **anonymous**. We will not ask you for your name, address or telephone number.¹

Section 1 – General information

The following questions aim to better understand your personal background.

IG1 How old are you?

- 1 11 or younger
- 2 12 years
- 3 13 years
- 4 14 years
- 5 15 years
- 6 16 years
- 7 17 years
- 8 18 years
- 9 19 or older
- 99 Refuse to answer

Source : Institut de la statistique du Québec. *Enquête québécoise sur la santé des jeunes du secondaire* (EQSJS), 2022-2023 (à paraître en 2024), question SD9_1.

IG2 Where were you born?

- 1 Québec → IG3
- 2 Other Canadian province or territory
- 3 Outside Canada → IG2_2
- 9 Refuse to answer → IG2_2

Source : Institut de la statistique du Québec. *Enquête québécoise sur la santé des jeunes du secondaire* (EQSJS), 2022-2023 (à paraître en 2024), question SD10_2.

¹ [For each question, there is the possibility of not answering. In this case, the following message is displayed: The response is incomplete. Click on the "Next" button if you want to continue]

- IG2_1** Specify which other province:
- 1 Alberta → IG3
 - 2 British Columbia → IG3
 - 3 Prince Edward Island → IG3
 - 4 Manitoba → IG3
 - 5 New Brunswick → IG3
 - 6 Nova Scotia → IG3
 - 7 Ontario → IG3
 - 8 Saskatchewan → IG3
 - 9 New foundland and Labrador → IG3
 - 10 Nunavut → IG3
 - 11 Northwest Territories → IG3
 - 12 Yukon → IG3
 - 99 Refuse to answer → IG3

Source : Institut de la statistique du Québec. *Enquête québécoise sur la santé des jeunes du secondaire* (EQSJS), 2022-2023 (à paraître en 2024), question SD10_2_PROV. Question adaptée.

- IG2_2** In what country were you born?
CONSIGNE : Type the first letters of your country without leaving any blank spaces.
Then select your country.

- 1 List of countries → IG3
- 997 Other countries
- 999 Refuse to answer

Source : Institut de la statistique du Québec. *Enquête québécoise sur la santé des jeunes du secondaire* (EQSJS), 2022-2023 (à paraître en 2024), question SD10_2_EXT. Question adaptée.

- IG2_3** In what country were you born?
- 1 Algeria
 - 2 China
 - 3 Colombia
 - 4 United States
 - 5 France
 - 6 Haiti
 - 7 Italy
 - 8 Lebanon
 - 9 Morocco
 - 10 Romania
 - 11 Other, please specify your country (**O_IG2_3**): _____
 - 99 Refuse to answer

Source : Institut de la statistique du Québec. *Enquête québécoise sur la santé des jeunes du secondaire* (EQSJS), 2022-2023 (à paraître en 2024), question SD10_2_EXT. Question adaptée.

IG3 On average, would you say that you and your family are better off or worse off financially compared to your classmates?

- 1 Better off
- 2 Neither better nor worse off
- 3 Worse off
- 9 Refuse to answer


Source : Institut de la statistique du Québec. *Enquête québécoise sur la santé des jeunes du secondaire* (EQSJS), 2022-2023 (à paraître en 2024), question SD13_5.


IG4 What was your sex at birth?

By sex, we mean the sex you were assigned at birth.

- 1 Male
- 2 Female
- 9 Refuse to answer

Source : Institut de la statistique du Québec. *Enquête québécoise sur la santé des jeunes du secondaire* (EQSJS), 2022-2023 (à paraître en 2024), question SD9_2a.

IG5 What is your gender ?

 By gender, we mean your current gender, which may differ from your sex assigned at birth or from what is recorded in official documents.

Some people's gender is not exclusively female or exclusively male; this is referred to as non-binary gender. For example, a person may be agender, bigender, two-spirit, or gender-fluid.

- 1 Male
- 2 Female
- 3 Or please specify (**O_IG5**): _____
- 9 Refuse to answer

Source : Institut de la statistique du Québec. *Enquête québécoise sur la santé des jeunes du secondaire* (EQSJS), 2022-2023 (à paraître en 2024), question SD9_2b. Question adaptée.

IG6_1 People are different in their sexual attraction to others. Which of the following statements best describes your feelings? Would you say that you are:

- 1 Only attracted to persons of the opposite gender [boys OR girls]
- 2 Mostly attracted to persons of the opposite gender [boys OR girls]
- 3 Attracted to more than one gender, or attracted to persons of any gender [boys OR girls]
- 4 Only attracted to persons of the same gender [boys OR girls]
- 5 Mostly or only attracted to non-binary persons
- 6 Little or not sexually attracted to other people
- 7 Unsure
- 9 Refuse to answer

Source : Institut de la statistique du Québec. *Enquête québécoise sur la santé des jeunes du secondaire* (EQSJS), 2022-2023 (à paraître en 2024), question HV7_15. Question adaptée.

Section 2 – Your current and past sports activities

PS1 Do you currently play an organized sport?

An **organized** sport is a recreational or competitive physical activity that you play individually or as part of a team under the supervision of a coach, instructor or trainer.

You must **exclude** sports played in your compulsory physical education classes at school. However, you must **include** extracurricular sports activities and sports played in a recognized sports concentration or Sport-Study program.

- 1 Yes
- 2 No → [TXT_TIRAGE](#)
- 9 Refuse to answer → [TXT_TIRAGE](#)

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SP1. Adaptée par l'ISQ.

PS1_2 How many sports do you currently play?

- 1 1 sport
- 2 2 sports
- 3 3 or more sports
- 9 Refuse to answer → [PS2A_O](#)

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SP1. Adaptée par l'ISQ.

PS2A Select the **main** sport you **currently** play.

CONSIGNE : Type the first letters of your sport without leaving any blank spaces. Then, select your sport.

- 1 to 103 Sports list → [Filtre 1](#)
- 999 Refuse to answer

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SP1. Adaptée par l'ISQ.

PS2A_O Select the main sport you currently play.

- 1 Yes → [O_PS2A_O](#) _____
- 9 Refuse to answer

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SP1. Adaptée par l'ISQ.

[Filtre 1.](#)

Si [PS1_2 = 2,3](#) → [PS2B](#)

Sinon → [PS1_1](#)

PS2B Select the second main sport you currently play.

CONSIGNE : Type the first letters of your sport without leaving any blank spaces. Then, select your sport.

- 1 to 103 Sports list → [Filtre 2](#)
- 999 Refuse to answer

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SP1. Adaptée par l'ISQ.

PS2B_O Select the second main sport you currently play.

- 1 Yes → [O_PS2B_O](#) _____
- 9 Refuse to answer

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SP1. Adaptée par l'ISQ.

[Filtre 2.](#)

Si PS1_2 = 3 → PS2C
Sinon → PS1_1

PS2C Select the third main sport you currently play.

CONSIGNE : Type the first letters of your sport without leaving any blank spaces. Then, select your sport.

- 1 to 103 Sports list → PS1_1
999 Refuse to answer

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SP1. Adaptée par l'ISQ.

PS2C_O Select the third main sport you currently play

- 1 Yes → O_PS2C_O _____
9 Refuse to answer

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SP1. Adaptée par l'ISQ.

PS1_1 Do you play a parasport ①?

① Sport played by people with a physical or sensory disability.

- 1 Yes
2 No
9 Refuse to answer

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question H1.

PS3 Have you ever played a sport at the competitive level ①?

① An athlete plays at the competitive level if he or she participates in competitions, matches or games, whether as part of tournaments or not.

- 1 Yes
2 No → PS4_A
9 Refuse to answer → PS4_A

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question NV1.

PS3_1 What is the highest level of competition you have reached in your sport(s)?

- 1 Local/regional (i)
2 Provincial (ii)
3 National (iii)
4 International (iv)
9 Refuse to answer

(i) Example : matches or games against local teams, local/regional tournaments, regional championship.

(ii) Example : Quebec Games, provincial championship.

(iii) Example : Canada Games, Canadian Championship, U-Sports Canadian Championship.

(iv) Example : Olympic Games, World Cup, World Championship, FISU World University Games.

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question NV1.

PS4_A What gender are the young people you train with?

- 1 Male
- 2 Female
- 3 Both male and female
- 9 Refuse to answer

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question G2. Adaptée par l'ISQ.

Filtre 3.

Si PS3 = 2,9 → PS5

Sinon → PS4_B

PS4_B What gender are the young people you compete against?

- 1 Male
- 2 Female
- 3 Both male and female
- 9 Refuse to answer

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question G2. Adaptée par l'ISQ.

PS5 Do you play your sport within or outside the school system?

- 1 Within the school system (high school)
- 2 Outside the school system (e.g., sports club)
- 3 Both
- 9 Refuse to answer

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SSA1. Adaptée par l'ISQ.

PS6 On average, how many hours a week do you play your sport (including training, practice and/or competitions)?

- 1 5 hours or less
- 2 6 to 10 hours
- 3 11 to 15 hours
- 4 16 to 20 hours
- 5 21 to 25 hours
- 6 More than 25 hours
- 9 Refuse to answer

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SSA2.

Filtre 4.

Si PS3 = 1 → PS7

Sinon → PS8

PS7 Which of the following statement(s) best reflect the long-distance travel you do for your sport in general? Select all that apply.

		Yes	No	Not applicable (I don't do any long-distance travel for my sport)	Refuse to answer
PS7_1	I leave home for competitions/tournaments on the weekend	1	2	3	9
PS7_2	I leave home for training or competitions for about a week at a time	1	2	3	9
PS7_3	I leave home for training camps or competitions for several weeks at a time	1	2	3	9
PS7_4	My sport requires me to live or travel abroad several months per year	1	2	3	9

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SSA4. Adaptée par l'ISQ.

PS8 Have you ever had to leave your parents or your family home and move to another city where your training centre was located?

1 Yes

2 No → [Filtre 5](#)

9 Refuse to answer → [Filtre 5](#)

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question DS1. Adaptée par l'ISQ.

PS8A How old were you when you had to move?

- 1 11 or younger
- 2 12 years
- 3 13 years
- 4 14 years
- 5 15 years
- 6 16 years
- 7 17 years
- 8 18 years
- 9 19 or older
- 99 Refuse to answer

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question DS1. Adaptée par l'ISQ.

Filtre 5.

Si IG1 = 1,99 → Préambule 4

Sinon → PS9

PS9 Before the age of 12, did you stop playing one or more organized sports to focus on just one sport?

- 1 Yes
- 2 No
- 9 Refuse to answer

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SS1. Adaptée par l'ISQ.

PS10 Before the age of 12, did you play one organized sport more than 8 months a year?

- 1 Yes
- 2 No
- 9 Refuse to answer

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SS2. Adaptée par l'ISQ.

PS11 Before the age of 12, did you consider your main sport to be more important than the other sports you played?

- 1 Yes
- 2 No
- 9 Refuse to answer

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SS3. Adaptée par l'ISQ.

Filtre 6.

Si IG1 ≥ 4 → Préambule 2

Sinon → Préambule 4

Section 3 – Your sporting experiences

Préambule 2 The following questions are about situations that may have happened with **one or more** other athletes (i), **between the start of your sporting career and now**, meaning in the context of your practice/training, competitions, or any other event (ii) related to your sport. You must exclude people who are in a position of authority over you (e.g., your parents, coaches, sports physician, massage therapist, etc.).

(i) By athlete, we mean a teammate, an opponent or any other athlete involved in your sport.

(ii) e.g., meetings, video sessions, training camps, team events.

(APS) In a sports context, how often has an athlete or a group of athletes...

		Never	Rarely (once or twice)	Sometimes (3 to 10 times)	Often (more than 10 times)	Refuse to answer
APS1	tried to exclude you from a group? ⓘ ⓘ Example : by ignoring you, by not inviting you to team or club parties and activities.	1	2	3	4	9
APS2	tried to harm your reputation by spreading rumours or hurtful comments about you?	1	2	3	4	9
APS3	stolen or broken your personal items?	1	2	3	4	9
APS4	insulted, threatened, or humiliated you? ⓘ ⓘ Example : giving you nicknames you don't like, denigrating your sports performances, etc.	1	2	3	4	9

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, questions VTAQ-APs1, VTAQ-APs2, VTAQ-APs3 et VTAQ-APs4.

Filtre 7.

Si APS1 = 1,9 et APS2 = 1,9 et APS3 = 1,9 et APS4 = 1,9 → (APH)

Sinon → APSA

APSA Thinking back on this or these situations, answer the following questions:
How old were you the first time this happened?

- 1 6 or younger
- 2 7 years
- 3 8 years
- 4 9 years
- 5 10 years
- 6 11 years
- 7 12 years
- 8 13 years
- 9 14 years
- 10 15 years
- 11 16 years
- 12 17 years
- 13 18 years
- 14 19 or older
- 99 Refuse to answer

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SVTAQ-APs1. Adaptée par l'ISQ.

APSB_1 In how many organized sports did this happen?

- 1 1 sport
- 2 2 or more sports → [APSB_2_1](#)
- 9 Refuse to answer → [APSB_2_1](#)

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SVTAQ-APs2. Adaptée par l'ISQ.

APSB_2 In which organized sport did this happen?

CONSIGNE : Type the first letters of your sport without leaving any blank spaces. Then, select your sport.

- 1 to 103 Sports list → [APSB_3](#)
- 999 Refuse to answer → [APSB_3](#)


Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SVTAQ-APs2. Adaptée par l'ISQ.


APSB_2_1 In which organized sport did this happen most often?

CONSIGNE : Type the first letters of your sport without leaving any blank spaces. Then, select your sport.

- 1 to 103 Sports list
- 999 Refuse to answer

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SVTAQ-APs2. Adaptée par l'ISQ.

APSB_3 Were you playing this sport at the competitive level ?

 An athlete plays at the competitive level if he or she participates in competitions, matches or games, whether as part of tournaments or not

- 1 Yes
- 2 No → [\(APSC\)](#)
- 9 Refuse to answer → [\(APSC\)](#)

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SVTAQ-APs2. Adaptée par l'ISQ.

(APSB_4) At what level(s) of competition were you playing this sport when this happened?

		Yes	No	Refuse to answer
APSB_4A	Local/regional ① ① Example : matches or games against local teams, local/regional tournaments, regional championship.	1	2	9
APSB_4B	Provincial ① ① Example : Quebec Games, provincial championship.	1	2	9
APSB_4C	National ① ① Example : Canada Games, Canadian Championship, U-Sports Canadian Championship.	1	2	9
APSB_4D	International ① ① Example : Olympic Games, World Cup, World Championship, FISU World University Games.	1	2	9

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SVTAQ-APs3.

(APSC) Who did this to you?

		Yes	No	Refuse to answer
APSC_1	One or more of your teammates	1	2	9
APSC_2	One or more of your opponents	1	2	9
APSC_3	One or more other athletes	1	2	9

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SVTAQ-APs4.

APSD How many people did this to you?

- 1 One
- 2 More than one
- 9 Refuse to answer

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SVTAQ-APs4. Adaptée par l'ISQ.

APSD_1 What was the gender of the person who did this to you?

- 1 Male
- 2 Female
- 3 Both male and female [Choix n'apparaissant que si APSD = 2,9]
- 4 Other
- 9 Refuse to answer

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SVTAQ-APs5. Adaptée par l'ISQ.

(APSE) How was this done to you?

		Yes	No	Refuse to answer
APSE_1	Online ① ① Includes social media, text messages, video messages, and images.	1	2	9
APSE_2	In person	1	2	9

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SVTAQ-APs6. Adaptée par l'ISQ.

(APSF) In what context(s) did this happen?

		Yes	No	Does not apply to my sport	Refuse to answer
APSF_1	Sports hazing	1	2	3	9
APSF_2	Team party	1	2	3	9
APSF_3	In competition (between your departure and return, but not during the actual match or sports performance)	1	2	3	9
APSF_4	During practice/training ① ① From your arrival at the training site to your departure.	1	2	3	9
APSF_5	During training camp ① ① Only applies if you slept away from home with your team during a certain period of time.	1	2	3	9
APSF_6	During a sporting event ① ① During a competition, game or match.	1	2	3	9
APSF_7	In the locker room	1	2	3	9
APSF_8	At school	1	2	3	9
APSF_9	Other(s)	1	2	3	9

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SVTAQ-APs6. Adaptée par l'ISQ.

(APH) In a sports context, **how often** has an athlete or a group of athletes hit, pushed, shaken, punched or kicked you, or hit you with sports equipment...

		Never	Rarely (once or twice)	Sometimes (3 to 10 times)	Often (more than 10 times)	Refuse to answer
APH1	during a competition, game or match, outside of what is allowed in the game?	1	2	3	4	9
APH2	other than at a competition, game or match (e.g., at practice, in the locker room, before or after a competition)?	1	2	3	4	9

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, questions VTAQ-APh1 et VTAQ-APh2.

Filtre 8.

Si APH1 = 1,9 et APH2 = 1,9 → [Avertis_1](#)

Sinon → APHA

APHA Thinking back on this or these situations, answer the following questions:

How old were you the first time this happened?

- 1 6 or younger
- 2 7 years
- 3 8 years
- 4 9 years
- 5 10 years
- 6 11 years
- 7 12 years
- 8 13 years
- 9 14 years
- 10 15 years
- 11 16 years
- 12 17 years
- 13 18 years
- 14 19 or older
- 99 Refuse to answer

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SVTAQ-APh1. Adaptée par l'ISQ.

APHB_1 In how many sports did this happen?

- 1 1 sport
- 2 2 or more sports → APHB_2_1
- 9 Refuse to answer → APHB_2_1

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SVTAQ-APh2. Adaptée par l'ISQ.

APHB_2 In which organized sport did this happen?

CONSIGNE : Type the first letters of your sport without leaving any blank spaces. Then, select your sport.

- 1 to 103 Sports list → APHB_3
- 999 Refuse to answer → APHB_3

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SVTAQ-APh2. Adaptée par l'ISQ.

APHB_2_1 In which organized sport did this happen most often?

CONSIGNE : Type the first letters of your sport without leaving any blank spaces. Then, select your sport.

- 1 to 103 Sports list
- 999 Refuse to answer

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SVTAQ-APh2. Adaptée par l'ISQ.

APHB_3 Were you playing this sport at the competitive level ①?

① An athlete plays at the competitive level if he or she participates in competitions, matches or games, whether as part of tournaments or not

- 1 Yes
- 2 No → (APHC)
- 9 Refuse to answer → (APHC)

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SVTAQ-APh2. Adaptée par l'ISQ.

(APHB_4) At what level(s) of competition were you playing this sport when this happened?

		Yes	No	Refuse to answer
APHB_4A	Local/regional ① ① Example : matches or games against local teams, local/regional tournaments, regional championship.	1	2	9
APHB_4B	Provincial ① ① Example : Quebec Games, provincial championship.	1	2	9
APHB_4C	National ① ① Example : Canada Games, Canadian Championship, U-Sports Canadian Championship.	1	2	9
APHB_4D	International ① ① Example : Olympic Games, World Cup, World Championship, FISU World University Games.	1	2	9

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SVTAQ-APh3.

(APHC) Who did this to you?

		Yes	No	Refuse to answer
APHC_1	One or more of your teammates	1	2	9
APHC_2	One or more of your opponents	1	2	9
APHC_3	One or more other athletes	1	2	9

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SVTAQ-Aph4.

APHD How many people did this to you?

- 1 One
- 2 More than one
- 9 Refuse to answer

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SVTAQ-Aph4. Adaptée par l'ISQ.

APHD_1 What was the gender of the persons who did this to you?

- 1 Male
- 2 Female
- 3 Both Male and Female [Choix n'apparaissant que si APHD = 2,9]
- 4 Other
- 9 Refuse to answer

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SVTAQ-Aph5. Adaptée par l'ISQ.

(APHE) In what context(s) did this happen?

		Yes	No	Does not apply to my sport	Refuse to answer
APHE_1	Sports hazing	1	2	3	9
APHE_2	Team party	1	2	3	9
APHE_3	In competition (between your departure and return, but not during the actual match or sports performance)	1	2	3	9
APHE_4	During practice/training ① ① From your arrival at the training site to your departure.	1	2	3	9
APHE_5	During training camp ① ① Only applies if you slept away from home with your team during a certain period of time.	1	2	3	9
APHE_6	During a sporting event ① ① During a competition, game or match.	1	2	3	9
APHE_7	In the locker room	1	2	3	9
APHE_8	At school	1	2	3	9
APHE_9	Other(s)	1	2	3	9

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SVTAQ-Aph6. Adaptée par l'ISQ.

AVERTIS_1 The next questions touch on a slightly more sensitive issue and may be difficult to read. They describe certain acts that may have been committed against you. Your answers are very important, whether this has happened to you or not.

(AS) In a sports context, **how often** has an athlete or a group of athletes...

		Never	Rarely (once or twice)	Sometimes (3 to 10 times)	Often (more than 10 times)	Refuse to answer
AS1	made rude or hurtful sexual comments to you (e.g., about your sex life, your body)?	1	2	3	4	9
AS2	engaged in behaviours of a sexual nature that made you feel uncomfortable (e.g., imitating oral sex, undressing you with their eyes, whistling at you)?	1	2	3	4	9
AS3	forced you to have sexual contact that you didn't want (e.g., kissing, sexual intercourse with or without penetration)?	1	2	3	4	9

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, questions VTAQ-AS1, VTAQ-AS2 et VTAQ-AS3.

Filtre 9.

Si AS1 = 1,9 et AS2 = 1,9 et AS3 = 1,9 → Préambule 3

Sinon → ASA

ASA Thinking back on this or these situations, answer the following questions:

How old were you the first time this happened?

- 1 6 or younger
- 2 7 years
- 3 8 years
- 4 9 years
- 5 10 years
- 6 11 years
- 7 12 years
- 8 13 years
- 9 14 years
- 10 15 years
- 11 16 years
- 12 17 years
- 13 18 years
- 14 19 or older
- 99 Refuse to answer

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SVTAQ-AS1. Adaptée par l'ISQ.

ASB_1 In how many sports did this happen?

- 1 1 sport

2 2 or more sports → ASB_2_1

9 Refuse to answer → ASB_2_1

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SVTAQ-AS2. Adaptée par l'ISQ.

ASB_2 In which organized sport did this happen?

CONSIGNE : Type the first letters of your sport without leaving any blank spaces. Then, select your sport.

1 to 103 Sports list → ASB_3

999 Refuse to answer → ASB_3

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SVTAQ-AS2. Adaptée par l'ISQ.

ASB_2_1 In which organized sport did this happen most often?

CONSIGNE : Type the first letters of your sport without leaving any blank spaces. Then, select your sport.

1 to 103 Sports list

999 Refuse to answer

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SVTAQ-AS2. Adaptée par l'ISQ.

ASB_3 Were you playing this sport at the competitive level ①?

① An athlete plays at the competitive level if he or she participates in competitions, matches or games, whether as part of tournaments or not.

1 Yes

2 No → (ASC)

9 Refuse to answer → (ASC)

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SVTAQ-AS2. Adaptée par l'ISQ.

(ASB_4) At what level(s) of competition were you playing this sport when this happened?

		Yes	No	Refuse to answer
ASB_4_1	Local/regional ① ① Example : matches or games against local teams, local/regional tournaments, regional championship.	1	2	9
ASB_4_2	Provincial ① ① Example : Quebec Games, provincial championship.	1	2	9
ASB_4_3	National ① ① Example : Canada Games, Canadian Championship, U-Sports Canadian Championship.	1	2	9
ASB_4_4	International ① ① Example : Olympic Games, World Cup, World Championship, FISU World University Games.	1	2	9

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SVTAQ-AS3.

(ASC) Who did this to you?

		Yes	No	Refuse to answer
ASC_1	One or more of your teammates	1	2	9
ASC_2	One or more of your opponents	1	2	9
ASC_3	One or more other athletes	1	2	9

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SVTAQ-AS4.

ASD How many people did this to you?

- 1 One
- 2 More than one
- 9 Refuse to answer

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SVTAQ-AS4. Adaptée par l'ISQ.

ASD_1 What was the gender of the person who did this to you?

- 1 Male
- 2 Female
- 3 Both male and female [Choix n'apparaissant que si ASD = 2,9]
- 4 Other
- 9 Refuse to answer

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SVTAQ-AS5. Adaptée par l'ISQ.

(ASE) How was this done to you?

		Yes	No	Refuse to answer
ASE1	Online ⓘ ⓘ Includes social media, text messages, video messages, and images.	1	2	9
ASE2	In person	1	2	9

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SVTAQ-AS6. Adaptée par l'ISQ.

(ASF) In what context(s) did this happen?

		Yes	No	Does not apply to my sport	Refuse to answer
ASF_1	Sports hazing	1	2	3	9
ASF_2	Team party	1	2	3	9
ASF_3	In competition (between your departure and return, but not during the actual match or sports performance)	1	2	3	9
ASF_4	During practice/training ① ① From your arrival at the training site to your departure.	1	2	3	9
ASF_5	During training camp ① ① Only applies if you slept away from home with your team during a certain period of time.	1	2	3	9
ASF_6	During a sporting event ① ① During a competition, game or match.	1	2	3	9
ASF_7	In the locker room	1	2	3	9
ASF_8	At school	1	2	3	9
ASF_9	Other(s)	1	2	3	9

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SVTAQ-AS6. Adaptée par l'ISQ.

Préambule 3 The next questions are about situations that may have happened with people in a position of authority over you (i) **from your childhood until now** in a sports context, meaning during **practice/training, competitions, or any other event** (ii) related to your sport.

In the case of your parents, step-parents or legal guardians, the situations must be related to your sports performances or behaviour in practice/training or competition.

(i) E.g., your parents, a coach, a sports physician, a massage therapist

(ii) E.g., meeting, video sessions, training camps, team outings

(AUPH) In a sports context, **how often** has **someone in a position of authority** ever...

		Never	Rarely (once or twice)	A few times (3 to 10 times)	Often (more than 10 times)	Refuse to answer
AUPH1	thrown an object directly at you?	1	2	3	4	9
AUPH2	slapped you?	1	2	3	4	9
AUPH3	hit you with a hard object ①? ① A piece of sports equipment, for example.	1	2	3	4	9

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, questions VTAQ-AuPh2, VTAQ-AuPh3 et VTAQ-AuPh5.

Filtre 10.

Si AUPH1 = 1,9 et AUPH2 = 1,9 et AUPH3 = 1,9 → (AUPN)

Sinon → AUPHA

AUPHA Thinking back on this or these situations, answer the following questions:

How old were you the first time this happened?

- 1 6 or younger
- 2 7 years
- 3 8 years
- 4 9 years
- 5 10 years
- 6 11 years
- 7 12 years
- 8 13 years
- 9 14 years
- 10 15 years
- 11 16 years
- 12 17 years
- 13 18 years
- 14 19 or older
- 99 Refuse to answer

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SVTAQ-AuPh1. Adaptée par l'ISQ.

AUPHB_1 In how many sports did this happen?

- 1 1 sport
- 2 2 or more sports → AUPHB_2_1
- 9 Refuse to answer → AUPHB_2_1

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SVTAQ-AuPh2. Adaptée par l'ISQ.

AUPHB_2 In which organized sport did this happen?

CONSIGNE : Type the first letters of your sport without leaving any blank spaces. Then, select your sport.

1 to 103 Sports list → AUPHB_3

999 Refuse to answer → AUPHB_3

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SVTAQ-AuPh2. Adaptée par l'ISQ.

AUPHB_2_1 In which organized sport did this happen most often?

CONSIGNE : Type the first letters of your sport without leaving any blank spaces. Then, select your sport.

1 to 103 Sports list

999 Refuse to answer

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SVTAQ-AuPh2. Adaptée par l'ISQ.

AUPHB_3 Were you playing this sport at the competitive level ①?

① An athlete plays at the competitive level if he or she participates in competitions, matches or games, whether as part of tournaments or not.

1 Yes

2 No → (AUPHC)

9 Refuse to answer → (AUPHC)

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SVTAQ-AuPh2. Adaptée par l'ISQ.

(AUPHB_4) At what level(s) of competition were you playing this sport when this happened?

		Yes	No	Refuse to answer
AUPHB_4_1	Local/regional ① ① Example : matches or games against local teams, local/regional tournaments, regional championship.	1	2	9
AUPHB_4_2	Provincial ① ① Example : Quebec Games, provincial championship.	1	2	9
AUPHB_4_3	National ① ① Example : Canada Games, Canadian Championship, U-Sports Canadian Championship.	1	2	9
AUPHB_4_4	International ① ① Example : Olympic Games, World Cup, World Championship, FISU World University Games.	1	2	9

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SVTAQ-AuPh3.

(AUPHC) Who did this to you??

		Yes	No	Refuse to answer
AUPHC_1	A coach	1	2	9
AUPHC_2	A physical trainer	1	2	9
AUPHC_3	A health care professional ① ① Sports physician, sports massage therapist, physiotherapist, sports psychologist or consultant.	1	2	9
AUPHC_4	One or both of your parents ① ① Can also be a step-parent or legal guardian.	1	2	9
AUPHC_5	Other	1	2	9

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SVTAQ-AuPh4.

AUPHD How many people did this to you?

- 1 One
- 2 More than one
- 9 Refuse to answer

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SVTAQ-AuPh4. Adaptée par l'ISQ.

AUPHD_1 What was the gender of the person who did this to you?

- 1 Male
- 2 Female
- 3 Both male and female [Choix n'apparaissant que si AUPHD = 2,9]
- 4 Other
- 9 Refuse to answer

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SVTAQ-AuPh5. Adaptée par l'ISQ.

(AUPHE) In what context(s) did this happen?

		Yes	No	Does not apply to my sport	Refuse to answer
AUPHE_A	Sports hazing	1	2	3	9
AUPHE_B	Team party	1	2	3	9
AUPHE_C	In competition (between your departure and return, but not during the actual match or sports performance)	1	2	3	9
AUPHE_D	During practice/training ① ① From your arrival at the training site to your departure.	1	2	3	9
AUPHE_E	During training camp ① ① Only applies if you slept away from home with your team during a certain period of time.	1	2	3	9
AUPHE_F	During a sporting event ① ① During a competition, game or match.	1	2	3	9
AUPHE_G	In the locker room	1	2	3	9
AUPHE_H	At school	1	2	3	9
AUPHE_I	In a car	1	2	3	9
AUPHE_J	At your home	1	2	3	9
AUPHE_K	At the home of the person in authority	1	2	3	9
AUPHE_L	Other(s)	1	2	3	9

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SVTAQ-AuPh6. Adaptée par l'ISQ.

(AUPN) In a sports context, how often has someone in a position of authority ever...

		Never	Rarely (once or twice)	Sometimes (3 to 10 times)	Often (more than 10 times)	Refuse to answer
AUPN1	insulted, humiliated or made fun of you?	1	2	3	4	9
AUPN2	criticized you excessively ①? ①Example: criticized your performances, your attitude, etc.	1	2	3	4	9
AUPN3	voluntarily rejected or excluded you?					
AUPN4	intentionally ignored you or shown indifference towards you (e.g., by refusing to talk to you, pretending you were not there)?	1	2	3	4	9

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, questions VTAQ-AuPn2, VTAQ-AuPn3, VTAQ-AuPn4 et VTAQ-AuPn7.

Filtre 11.

Si AUPN1 = 1,9 et AUPN2 = 1,9 et AUPN3 = 1,9 et AUPN4 = 1,9 → [Avertis_2](#)

Sinon → AUPNA

AUPNA Thinking back on this or these situations, answer the following questions:

How old were you the first time this happened?

- 1 6 or younger
- 2 7 years
- 3 8 years
- 4 9 years
- 5 10 years
- 6 11 years
- 7 12 years
- 8 13 years
- 9 14 years
- 10 15 years
- 11 16 years
- 12 17 years
- 13 18 years
- 14 19 or older
- 99 Refuse to answer

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SVTAQ-AuPn1. Adaptée par l'ISQ.

AUPNB_1 In how many sports did this happen?

- 1 1 sport
- 2 2 or more sports → [AUPNB_2_1](#)
- 9 Refuse to answer → [AUPNB_2_1](#)

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SVTAQ-AuPn2. Adaptée par l'ISQ.

AUPNB_2 In which organized sport did this happen?

CONSIGNE : Type the first letters of your sport without leaving any blank spaces. Then, select your sport.

- 1 to 103 Sports list → [AUPNB_3](#)
- 999 Refuse to answer → [AUPNB_3](#)

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SVTAQ-AuPn2. Adaptée par l'ISQ.

AUPNB_2_1 In which organized sport did this happen most often?

CONSIGNE : Type the first letters of your sport without leaving any blank spaces. Then, select your sport.

- 1 to 103 Sports list
- 999 Refuse to answer

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SVTAQ-AuPn2. Adaptée par l'ISQ.

AUPNB_3 Were you playing this sport at the competitive level ①?

① An athlete plays at the competitive level if he or she participates in competitions, matches or games, whether as part of tournaments or not.

- 1 Yes
- 2 No → [\(AUPNC\)](#)
- 9 Refuse to answer → [\(AUPNC\)](#)

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SVTAQ-AuPn2. Adaptée par l'ISQ.

(AUPNB_4) At what level(s) of competition were you playing this sport when this happened?

		Yes	No	Refuse to answer
AUPNB_4_1	Local/regional ⓘ ⓘ Example : matches or games against local teams, local/regional tournaments, regional championship.	1	2	9
AUPNB_4_2	Provincial ⓘ ⓘ Example : Quebec Games, provincial championship.	1	2	9
AUPNB_4_3	National ⓘ ⓘ Example : Canada Games, Canadian Championship, U-Sports Canadian Championship.	1	2	9
AUPNB_4_4	International ⓘ ⓘ Example : Olympic Games, World Cup, World Championship, FISU World University Games.	1	2	9

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SVTAQ-AuPn3.

(AUPNC) Who did this to you?

		Yes	No	Refuse to answer
AUPNC_1	A coach	1	2	9
AUPNC_2	A physical trainer	1	2	9
AUPNC_3	A health care professional ⓘ ⓘ Sports physician, sports massage therapist, physiotherapist, sports psychologist or consultant.	1	2	9
AUPNC_4	One or both of your parents ⓘ ⓘ Can also be a step-parent or legal guardian.	1	2	9
AUPNC_5	Other	1	2	9

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SVTAQ-AuPn4.

AUPND How many people did this to you?

- 1 One
- 2 More than one
- 9 Refuse to answer

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SVTAQ-AuPn4. Adaptée par l'ISQ.

AUPND_1 What was the gender of the person who did this to you?

- 1 Male
- 2 Female
- 3 Both male and female [Choix n'apparaissant que si AUPND = 2,9]
- 4 Other
- 9 Refuse to answer

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SVTAQ-AuPn5. Adaptée par l'ISQ.

(AUPNE) How was this done to you?

		Yes	No	Refuse to answer
AUPNE1	Online ① ① Includes social media, text messages, video messages, and images.	1	2	9
AUPNE2	In person	1	2	9

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SVTAQ-AuPn6. Adaptée par l'ISQ.

(AUPNF) In what context(s) did this happen?

		Yes	No	Does not apply to my sport	Refuse to answer
AUPNF_A	Sports hazing	1	2	3	9
AUPNF_B	Team party	1	2	3	9
AUPNF_C	In competition (between your departure and return, but not during the actual match or sports performance)	1	2	3	9
AUPNF_D	During practice/training ① ① From your arrival at the training site to your departure.	1	2	3	9
AUPNF_E	During training camp ① ① Only applies if you slept away from home with your team during a certain period of time.	1	2	3	9
AUPNF_F	During a sporting event ① ① During a competition, game or match.	1	2	3	9
AUPNF_G	In the locker room	1	2	3	9
AUPNF_H	At school	1	2	3	9
AUPNF_I	In a car	1	2	3	9
AUPNF_J	At your home	1	2	3	9
AUPNF_K	At the home of the person in authority	1	2	3	9
AUPNF_L	Other(s)	1	2	3	9

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SVTAQ-AuPn6. Adaptée par l'ISQ.

AVERTIS_2 The next questions touch on a slightly more sensitive issue and may be difficult to read. They describe certain acts that may have been committed against you. Your answers are very important, whether this has happened to you or not.

(AUS) In a sports context, **how often** has **someone in a position of authority** ever...

		Never	Rarely (once or twice)	A few times (3 to 10 times)	Often (more than 10 times)	Refuse to answer
AUS1	made comments that were rude, hurtful, or that made you feel uncomfortable about your sex life, personal life, or appearance ①? ① Examples: comments about your buttocks, breasts, genitals, romantic partner.	1	2	3	4	9
AUS2	engaged in behaviours of a sexual nature that made you feel uncomfortable ①? ① Examples: brushing against you, staring at you, undressing you with their eyes, whistling at you, giving you a massage.	1	2	3	4	9
AUS3	watched you or asked you to undress, masturbate, or touch your or someone else's private parts?	1	2	3	4	9
AUS4	had a conversation of a sexual nature with you, or shown you images of a sexual nature ①? ① by propositioning you sexually in person, on the phone, in writing, or online.	1	2	3	4	9
AUS5	touched your private parts (breasts, buttocks, anus)?	1	2	3	4	9
AUS6	had penetrative sex with you, whether it was oral, vaginal, or anal penetration with a penis, finger or object?	1	2	3	4	9

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, questions VTAQ-AuS1, VTAQ-AuS2, VTAQ-AuS3, VTAQ-AuS4, VTAQ-AuS8 et VTAQ-AuS11.

Filtre 12.

Si AUS1 = 1,9 et AUS2 = 1,9 et AUS3 = 1,9 et AUS4 = 1,9 et AUS5 = 1,9 et AUS6 = 1,9 → (AUI)
Sinon → AUSA

AUSA Thinking back on this or the situation(s), answer the following questions:

How old were you the first time this happened?

- 1 6 or younger
- 2 7 years

- 3 8 years
- 4 9 years
- 5 10 years
- 6 11 years
- 7 12 years
- 8 13 years
- 9 14 years
- 10 15 years
- 11 16 years
- 12 17 years
- 13 18 years
- 14 19 or older
- 99 Refuse to answer

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SVTAQ-AuS1. Adaptée par l'ISQ.

AUSB_1 In how many sports did this happen?

- 1 1 sport
- 2 2 or more sports → [AUSB_2_1](#)
- 9 Refuse to answer → [AUSB_2_1](#)

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SVTAQ-AuS2. Adaptée par l'ISQ.

AUSB_2 In which organized sport did this happen?

CONSIGNE : Type the first letters of your sport without leaving any blank spaces. Then, select your sport.

- 1 to 103 Sports list → [AUSB_3](#)
- 999 Refuse to answer → [AUSB_3](#)

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SVTAQ-AuS2. Adaptée par l'ISQ.

AUSB_2_1 In which organized sport did this happen most often?

CONSIGNE : Type the first letters of your sport without leaving any blank spaces. Then, select your sport.

- 1 to 103 Sports list
- 999 Refuse to answer

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SVTAQ-AuS2. Adaptée par l'ISQ.

AUSB_3 Were you playing this sport at the competitive level ①?

① An athlete plays at the competitive level if he or she participates in competitions, matches or games, whether as part of tournaments or not.

- 1 Yes
- 2 No → (AUSC)
- 9 Refuse to answer → (AUSC)

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SVTAQ-AuS2. Adaptée par l'ISQ.

(AUSB_4) At what level(s) of competition were you playing this sport when this happened?

		Yes	No	Refuse to answer
AUSB_4A	Local/regional ① ① Example: matches or games against local teams, local/regional tournaments, regional championship.	1	2	9
AUSB_4B	Provincial ① ① Example : Quebec Games, provincial championship.	1	2	9
AUSB_4C	National ① ① Example: Canada Games, Canadian Championship, U-Sports Canadian Championship.	1	2	9
AUSB_4D	International ① ① Example: Olympic Games, World Cup, World Championship, FISU World University Games.	1	2	9

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SVTAQ-AuS3.

(AUSC) Who did this to you?

		Yes	No	Refuse to answer
AUSC_1	A coach	1	2	9
AUSC_2	A physical trainer	1	2	9
AUSC_3	A health care professional ① ① Sports physician, sports massage therapist, physiotherapist, sports psychologist or consultant.	1	2	9
AUSC_4	One or both of your parents ① ① Can also be a step-parent or legal guardian.	1	2	9
AUSC_5	Other	1	2	9

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SVTAQ-AuS4.

AUSD How many people did this to you?

- 1 One
- 2 More than one
- 9 Refuse to answer

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SVTAQ-AuS4. Adaptée par l'ISQ.

- AUSD_1 What was the gender of the persons who did this to you?
- 1 Male
 - 2 Female
 - 3 Both male and female [Choix n'apparaissant que si AUSD = 2,9]
 - 4 Other
 - 9 Refuse to answer

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SVTAQ-Au55. Adaptée par l'ISQ.

(AUSE) How was this done to you?

		Yes	No	Refuse to answer
AUSE1	Online ⓘ ⓘ Includes social media, text messages, video messages, and images.	1	2	9
AUSE2	In person	1	2	9

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SVTAQ-Au56. Adaptée par l'ISQ.

(AUSF) In what context(s) did this happen?

		Yes	No	Does not apply to my sport	Refuse to answer
AUSF_A	Sports hazing	1	2	3	9
AUSF_B	Team party	1	2	3	9
AUSF_C	In competition (between your departure and return, but not during the actual match or sports performance)	1	2	3	9
AUSF_D	During practice/training ⓘ ⓘ From your arrival at the training site to your departure.	1	2	3	9
AUSF_E	During training camp ⓘ ⓘ Only applies if you slept away from home with your team during a certain period of time.	1	2	3	9
AUSF_F	During a sporting event ⓘ ⓘ During a competition, game or match.	1	2	3	9
AUSF_G	In the locker room	1	2	3	9
AUSF_H	At school	1	2	3	9
AUSF_I	In a car	1	2	3	9
AUSF_J	At your home	1	2	3	9
AUSF_K	At the home of the person in authority	1	2	3	9
AUSF_L	Other(s)	1	2	3	9

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SVTAQ-Au56. Adaptée par l'ISQ.

(AUI) In a sports context, **how often** has **someone in a position of authority** ever...

		Never	Rarely (once or twice)	A few times (3 to 10 times)	Often (more than 10 times)	Refuse to answer
AUI1	asked you to restrict your contacts with your social circle ① in order to better commit to your sport? ① Friends, romantic partner, family.	1	2	3	4	9
AUI2	asked or forced you to train while you were injured and had received a medical opinion saying you should not train?	1	2	3	4	9
AUI3	asked or forced you to use different means ① to achieve the ideal weight in your sport? ① Examples : <ul style="list-style-type: none"> • Fasting (stopping eating) • Vomiting • Doing extra training • Taking diet pills • Dehydrating yourself (sauna or physical exercise) • Taking diuretics (to increase urine secretion) • Taking laxatives (to help empty your bowels) • Eating extra calories to gain weight • Taking anabolic products 	1	2	3	4	9
AUI4	allowed you to or let you train or compete while you were injured and they knew you had received a medical opinion saying you should not train or compete?	1	2	3	4	9

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, questions VTAQ-Aul1, VTAQ-Aul2, VTAQ-Aul3 et VTAQ-Aul4. Adaptées par l'ISQ.

Filtre 13.

Si AUI1 = 1,9 et AUI2 = 1,9 et AUI3 = 1,9 et AUI4 = 1,9 → Préambule 4

Sinon → AUIA

AUIA Thinking back on this or these situations you experienced, answer the following questions:

How old were you the first time this happened?

- 1 6 or younger
- 2 7 years
- 3 8 years
- 4 9 years
- 5 10 years
- 6 11 years
- 7 12 years
- 8 13 years
- 9 14 years
- 10 15 years
- 11 16 years
- 12 17 years
- 13 18 years
- 14 19 or older
- 99 Refuse to answer

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SVTAQ-Aul1. Adaptée par l'ISQ.

AUIB_1 In how many sports did this happen?

- 1 1 sport
- 2 2 or more sports → AUIB_2_1
- 9 Refuse to answer → AUIB_2_1

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SVTAQ-Aul2. Adaptée par l'ISQ.

AUIB_2 In which organized sport did this happen?

CONSIGNE : Type the first letters of your sport without leaving any blank spaces. Then, select your sport.

- 1 to 103 Sports list → AUIB_3
- 999 Refuse to answer → AUIB_3

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SVTAQ-Aul2. Adaptée par l'ISQ.

AUIB_2_1 In which organized sport did this happen most often?

CONSIGNE : Type the first letters of your sport without leaving any blank spaces. Then, select your sport.

- 1 to 103 Sports list
- 999 Refuse to answer

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SVTAQ-Aul2. Adaptée par l'ISQ.

AUIB_3 Were you playing this sport at the competitive level ①?

① An athlete plays at the competitive level if he or she participates in competitions, matches or games, whether as part of tournaments or not.

- 1 Yes
- 2 No → (AUIC)
- 9 Refuse to answer → (AUIC)

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SVTAQ-Au12. Adaptée par l'ISQ.

(AUIB_4) At what level(s) of competition were you playing this sport when this happened?

		Yes	No	Refuse to answer
AUIB_4_1	Local/regional ① ① Example: matches or games against local teams, local/regional tournaments, regional championship.	1	2	9
AUIB_4_2	Provincial ① ① Example : Quebec Games, provincial championship.	1	2	9
AUIB_4_3	National ① ① Example: Canada Games, Canadian Championship, U-Sports Canadian Championship.	1	2	9
AUIB_4_4	International ① ① Example: Olympic Games, World Cup, World Championship, FISU World University Games.	1	2	9

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SVTAQ-Au13.

(AUIC) Who did this to you?

		Yes	No	Refuse to answer
AUIC_1	A coach	1	2	9
AUIC_2	A physical trainer	1	2	9
AUIC_3	A health care professional ① ① Sports physician, sports massage therapist, physiotherapist, sports psychologist or consultant.	1	2	9
AUIC_4	One or both of your parents ① ① Can also be a step-parent or legal guardian.	1	2	9
AUIC_5	Other	1	2	9

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SVTAQ-Au14.

AUID How many people did this to you?

- 1 One
- 2 More than one
- 9 Refuse to answer

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SVTAQ-Au14. Adaptée par l'ISQ.

AUID_1 What was the gender of the person(s) who did this to you?

- 1 Male
- 2 Female
- 3 Both male and female [Choix n'apparaissant que si AUID = 2,9]
- 4 Other
- 9 Refuse to answer

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SVTAQ-Au15. Adaptée par l'ISQ.

(AUIE) How was this done to you?

		Yes	No	Refuse to answer
AUIE1	Online ⓘ ⓘ Includes social media, text messages, video messages, and images.	1	2	9
AUIE2	In person	1	2	9

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SVTAQ-Au16. Adaptée par l'ISQ.

(AUIF) In what context(s) did this happen?

		Yes	No	Does not apply to my sport	Refuse to answer
AUIF_A	Sports hazing	1	2	3	9
AUIF_B	Team party	1	2	3	9
AUIF_C	In competition (between your departure and return, but not during the actual match or sports performance)	1	2	3	9
AUIF_D	During practice/training ⓘ ⓘ From your arrival at the training site to your departure.	1	2	3	9
AUIF_E	During training camp ⓘ ⓘ Only applies if you slept away from home with your team during a certain period of time.	1	2	3	9
AUIF_F	During a sporting event ⓘ ⓘ During a competition, game or match.	1	2	3	9
AUIF_G	In the locker room	1	2	3	9
AUIF_H	At school	1	2	3	9
AUIF_I	In a car	1	2	3	9
AUIF_J	At your home	1	2	3	9
AUIF_K	At the home of the person in authority	1	2	3	9
AUIF_L	Other(s)	1	2	3	9

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question SVTAQ-Au16. Adaptée par l'ISQ.

Section 4 – Your physical health

Préambule 4 The following questions refer to any injuries you may have sustained while playing your sport **during the past year**.

B1 In the past year, did you sustain one or more injuries while playing your sport that required you to see a health care professional (e.g., doctor, physiotherapist, sports therapist, massage therapist, dentist, chiropractor, acupuncturist)?

- 1 Yes
- 2 No → [Préambule 5](#)
- 9 Refuse to answer → [Préambule 5](#)

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question B1.

(B2) Have you ever used any of the following products to train, play a game or match, compete, or get back to training faster after a sports injury?

		Yes	No	Refuse to answer
B2_1	Acetaminophen (e.g., Tylenol, Atasol)	1	2	9
B2_2	Anti-inflammatory drugs (e.g., Motrin, Advil, Voltaren Emulgel, Aleve)	1	2	9
B2_3	Opioids (e.g., codeine, morphine, oxycodone)	1	2	9
B2_4	Marijuana, cannabis, pot	1	2	9
B2_5	Other(s)	1	2	9

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question B7.

Section 5 – Your behaviours as an athlete

Préambule 5 The following questions are about certain behaviours you may have engaged in during your sports career **as an athlete, from your childhood until now.**

CD1 In your sports career, how often have you ever voluntarily used a method (i) or product (ii) to improve your sports performances?

(i) Example: Blood injections or transfusions.

(ii) Examples : - Anabolic steroids
- Growth hormones
- Proteins powder supplements
- Energy drinks
- Nitrate (beet juice)

- 1 Never
- 2 Rarely (once or twice)
- 3 A few times (3 to 10 times)
- 4 Often (more than 10 times)
- 9 Refuse to answer

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, questions CD1 et CD2. Adaptées par l'ISQ.

CD3 In your sports career, how often have you ever **voluntarily** trained or competed despite persistent joint or muscle pain (present every day for several days) or despite an injury (i)?

(i) Examples: - Concussion
- Stress fracture
- Tendonitis, patellofemoral syndrome
- Sprain
- Muscle strain or contusion

- 1 Never
- 2 Rarely (once or twice)
- 3 A few times (3 to 10 times)
- 4 Often (more than 10 times)
- 9 Refuse to answer

Source : Parent, S. et autres. (2019). *Questionnaire sur la violence envers les athlètes*, question PB1. Adaptée par l'ISQ.

Section 6 – Your lifestyle habits and mental health

HS1 In your lifetime, have you ever drunk alcohol? Don't count the times when you only had a sip.

- 1 Yes
- 2 No → [HS5](#)
- 9 Refuse to answer → [HS5](#)

Source : Institut de la statistique du Québec, *Enquête québécoise sur la santé des jeunes du secondaire* (EQSJS), 2022-2023 (à paraître en 2024), question HV_J_3.

HS2 How old were you when you drank alcohol for the **first time**? Don't count the times when you only had a sip.

- 1 11 or younger
- 2 12 years
- 3 13 years
- 4 14 years
- 5 15 years
- 6 16 years
- 7 17 years
- 8 18 years
- 9 19 or older
- 99 Refuse to answer

Source : Institut de la statistique du Québec, *Enquête québécoise sur la santé des jeunes du secondaire* (EQSJS), 2022-2023 (à paraître en 2024), question HV_J_4.

HS3 In the past 12 months, how often did you drink alcohol?

- 1 I didn't drink alcohol in the past 12 months → [HS5](#)
- 2 Just once to try
- 3 Less than once a month (occasionally)
- 4 About once a month
- 5 On the weekend OR once or twice a week
- 6 3 times a week or more BUT not every day
- 7 Every day
- 9 Refuse to answer

Source : Institut de la statistique du Québec, *Enquête québécoise sur la santé des jeunes du secondaire* (EQSJS), 2022-2023 (à paraître en 2024), question HV_J_5.



1 standard drink



(HS4) In the past 12 months, how many times have you had...

		Not once	Once	Twice	3 times	4 times	5 to 10 times	11 to 25 times	26 times or more	Refuse to answer
HS4A	5 or more drinks of alcohol on the same occasion?	1	2	3	4	5	6	7	8	9
HS4B	8 or more drinks of alcohol on the same occasion?	1	2	3	4	5	6	7	8	9

Source : Institut de la statistique du Québec, *Enquête québécoise sur la santé des jeunes du secondaire* (EQSJS), 2022-2023 (à paraître en 2024), questions HV_J_6 et HV_J_6a.

HS5 In your lifetime, have you ever used drugs?

- 1 Yes
- 2 No → (HS8)
- 9 Refuse to answer → (HS8)

Source : Institut de la statistique du Québec, *Enquête québécoise sur la santé des jeunes du secondaire* (EQSJS), 2022-2023 (à paraître en 2024), question HV_J_9_1V. Question adaptée.

HS6 How old were you when you used drugs for the first time?

- 1 11 or younger
- 2 12 years
- 3 13 years
- 4 14 years
- 5 15 years
- 6 16 years
- 7 17 years
- 8 18 years
- 9 19 or older
- 99 Refuse to answer

Source : Institut de la statistique du Québec, *Enquête québécoise sur la santé des jeunes du secondaire* (EQSJS), 2022-2023 (à paraître en 2024), question HV_J_8.

HS7 In the past 12 months, how often did you take medication without a prescription (i) to get a high similar to that of a drug?

(i) Examples : Ativan, Xanie, Rivotril, Seroquel, Wellbutrin, Ritalin, Concerta, Codeine, Fentanyl, Dilaudid, OxyContin.

- 1 Never
- 2 Just once to try
- 3 Less than once a month (occasionally)
- 4 About once a month
- 5 On the weekend OR once or twice a week
- 6 3 or more times a week BUT not every day
- 7 Every day
- 9 Refuse to answer

Source : Institut de la statistique du Québec, *Enquête québécoise sur la santé des jeunes du secondaire* (EQSJS), 2022-2023 (à paraître en 2024), questions HV_J_13 et HV_J_13P. Questions adaptées.

(HS8) In the past 14 days, how often have you been bothered by the following problems?

		Never	Several days	More than half the days	Almost every day	Refuse to answer
HS8A	Feeling nervous, anxious or on edge	1	2	3	4	9
HS8B	Not being able to stop or control worrying	1	2	3	4	9

Source : Spitzer, R.L., et autres. (2006). *GAD-7 Screeners*, questions 1 et 2. Adaptées par l'ISQ.

(HS9) In the past 14 days, how often have you been bothered by the following problems?

		Never	Several days	More than half the days	Almost every day	Refuse to answer
HS9A	Little interest or pleasure in doing things	1	2	3	4	9
HS9B	Feeling down, depressed or hopeless	1	2	3	4	9

Source : Spitzer, R.L., et autres. (1999). *Patient Health Questionnaire-9* (PHQ-9), questions 2a et 2b. Adaptées par l'ISQ.

Section 7 – Eating disorders

(EDE_A) On how many of the past 14 days...

		0 days	1-2 days	3-6 days	7 days	8-10 days	11-13 days	Every day	Refuse to answer
EDE_QS1	have you tried to cut down on food to control your weight or shape?	0	1	2	3	4	5	6	9
EDE_QS2	have you tried not to eat the foods you like to control your weight or shape?	0	1	2	3	4	5	6	9
EDE_QS3	have you tried to keep to any strict rules about eating to control your weight or shape? For example, a calorie limit, a set amount of food, or rules about what and when you should eat.	0	1	2	3	4	5	6	9

Source : Child Outcomes Research Consortium (CORC) (2001). *Eating Disorder Examination for Adolescents (EDE-A)*, questions 1, 3 et 4.
Adaptées par l'ISQ.

(EDE_B) On a scale of 0 to 6, where 0 means “Not at all” and 6 means “A lot”, how much do you agree with the following statements?

Over the past 14 days...

		Not at all	1	2	3	4	5	A lot	Refuse to answer
EDE_QS4	Your weight has affected how you think about (judge) yourself as a person.	0	1	2	3	4	5	6	9
EDE_QS5	Your shape has affected how you think about (judge) yourself as a person.	0	1	2	3	4	5	6	9
EDE_QS6	You have felt unhappy about your weight.	0	1	2	3	4	5	6	9
EDE_QS7	You have felt unhappy about your shape.	0	1	2	3	4	5	6	9

Source : Child Outcomes Research Consortium (CORC) (2001). *Eating Disorder Examination for Adolescents (EDE-A)*, questions 29, 30, 32 et 33. Adaptées par l'ISQ.

Section 8 – Peer relationship problems

Préambule 6 For each item, please mark the box for Not at all true, a little true, Pretty much true or Very much true. Answer as best you can, even if you are not absolutely certain or if the item seems strange, based on how things have been for you over **the past six months**.

(DP) How true do you feel these statements are about you personally?

		Not at all true	A little true	Pretty much true	Very much true	Refuse to answer
DP_1	I have difficulty making friends.	1	2	3	4	9
DP_2	I feel uncomfortable in group activities with other young people.	1	2	3	4	9
DP_3	I get along well with people my age.	1	2	3	4	9

Source : Institut de la statistique du Québec, *Enquête québécoise sur la santé des jeunes du secondaire* (EQSJS), 2022-2023 (à paraître en 2024), questions SM_D_6a_7, SM_D_6a_8 et SM_D_6a_9.

Section 9 – Your resilience

Préambule 7 The next questions are about your personal life outside of your sports.

(CD_RISC) Indicate how true each statement is thinking of the **past month**. If a particular situation has not occurred recently, answer thinking of how you would have felt if it had occurred.

		Not at all true	Rarely true	Sometimes true	Often true	Almost always true	Refuse to answer
CD_RISC1	I was able to adapt when changes occurred.	1	2	3	4	5	9
CD_RISC2	I could deal with whatever came my way.	1	2	3	4	5	9
CD_RISC3	I tried to see the humorous side of things when I was faced with problems.	1	2	3	4	5	9
CD_RISC4	Having to cope with stress made me stronger.	1	2	3	4	5	9
CD_RISC5	I tended to bounce back after illness, injury or other hardships ①. ① "Bouncing back" means recovering quickly.	1	2	3	4	5	9
CD_RISC6	I believed I could achieve my goals even if there were obstacles.	1	2	3	4	5	9
CD_RISC7	Under pressure, I stayed focused and could think clearly.	1	2	3	4	5	9
CD_RISC8	I was not easily discouraged by failure.	1	2	3	4	5	9
CD_RISC9	I considered myself to be a strong person when I was faced with life's challenges and difficulties.	1	2	3	4	5	9
CD_RISC10	I was able to deal with unpleasant or painful feelings such as sadness, fear, and anger.	1	2	3	4	5	9

Source : Connor, K. M., et J.R.T. Davidson (2018). *Connor-Davidson Resilience Scale 10 (CD-RISC-10)* et *Échelle de résilience de Connor et Davidson 10 (CD-RISC-10)*, questions 1, 2, 3, 4, 5, 6, 7, 8, 9 et 10. Adaptées par l'ISQ.



AIDE We are well aware that an interview like this can be difficult at times for some people, because of the nature of the subject matter. Here are the numbers of organizations that provide confidential support and information about the topics that were covered in this questionnaire:

Sport' Aide: 1-833-211 HELP (2433)

Tel-jeunes au 1 888 263-2266 or send a text to 514 600-1002

If you want to file a complaint:

<https://alias-solution.com/contact/fr/ls204>

COMMENTAIRES If you have any comments or suggestions about this questionnaire, please write them in the space provided below.

TXT_TIRAGE 1 Thanks for participating! By clicking on Next, you will exit the study webpage and will be redirected to the draw webpage.

2 Thanks for participating! Even if you don't have to answer the following questions, you're eligible for the draw. By clicking on Next, you will exit the study webpage and will be redirected to the draw webpage.

MERCI Thank you!

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