

Québec Cannabis Survey – 2019

Questionnaire Anglais

Direction des statistiques de santé

March 2019

Preamble 1 In this survey when we use the term cannabis, this includes marijuana (pot, weed), hashish (hash), liquid extracts or concentrates (cannabis oil), solid extracts or concentrates (shatter, budder, wax) or any other products made from the cannabis plant, but not synthetic cannabinoids (Spice, K2, Yucatan Fire etc.).

When we ask about cannabis use, this includes using cannabis for recreational or medical purposes, either by smoking it, vaping it, eating it in an edible product, or consuming it in any other way.

READ AS NEEDED: Synthetic cannabinoids are manufactured in laboratories and are often sprayed onto dried plant material, mimicking certain effects of cannabis.

SECTION 1 – PERCEPTIONS AND ATTITUDES TOWARDS CANNABIS

Let's start with some questions you must answer based on your personal opinion.

Q1 How socially acceptable do you think it is for a person to use occasionally...

		Completely acceptable	Somewhat acceptable	Somewhat unacceptable	Completely unacceptable	No opinion	Don't know	Refuse to answer
Q1a	Cannabis for non-medical purposes?	1	2	3	4	5	8	9
Q1b	Alcohol?	1	2	3	4	5	8	9
Q1c	Tobacco?	1	2	3	4	5	8	9

Source: Health Canada, *Canadian Cannabis Survey*, 2017. Question adapted by the ISQ.

Q2 In your opinion, what are the immediate effects of cannabis use on a person's...?

INSTRUCTION: If needed, reiterate the fact that the answers must be given based on the respondent's opinion.

		Beneficial effect	No effect	Detrimental effect	You don't know	Refuse to answer
Q2a	mood	1	2	3	4	9
Q2b	creativity	1	2	3	4	9
Q2c	shyness or inhibitions	1	2	3	4	9
Q2d	anxiety	1	2	3	4	9
Q2e	sleep	1	2	3	4	9
Q2f	memory	1	2	3	4	9
Q2g	ability to concentrate	1	2	3	4	9
Q2h	attention	1	2	3	4	9
Q2i	decision-making	1	2	3	4	9

Source: Health Canada, *Canadian Cannabis Survey*, 2017. Question adapted by the ISQ.

Q3 In your opinion, does using cannabis impair one's ability to drive or operate a motor vehicle (e.g. car, motorcycle, snowmobile, motor boat or all-terrain vehicle (ATV))?

- 1 Yes
- 2 No
- 3 It depends, please specify
- 8 Don't know
- 9 Refuse to answer

Source: Health Canada, *Canadian Cannabis Survey*, 2017. Question adapted by the ISQ.

Q4 In your opinion, how much do people risk harming themselves when they use cannabis...?

		No risk	Slight risk	Moderate risk	Great risk	Don't know	Refuse to answer
Q4a	occasionally, that is less than once a week	1	2	3	4	8	9
Q4b	regularly, that is once a week or more often	1	2	3	4	8	9

Source: Health Canada, *Canadian Student Tobacco, Alcohol and Drugs Survey*, 2016-2017 (CSTADS). Question adapted by the ISQ.

Q5 In your opinion, what percentage of people your age use cannabis (occasionally or regularly) in Québec?

- 1 Less than 10%
- 2 10% to 29%
- 3 30% to 49%
- 4 50% to 69%
- 5 70% to 89%
- 6 90% or more
- 8 Don't know
- 9 Refuse to answer

Q6 In the past 12 months, have you been a passenger in a motor vehicle (e.g., car, motorcycle, snowmobile, motor boat or all-terrain vehicle (ATV)) driven by someone who had used cannabis within 2 hours before driving?

- 1 Yes
- 2 No
- 8 Don't know
- 9 Refuse to answer

Source: Health Canada, *Canadian Cannabis Survey*, 2017. Question adapted by the ISQ.

SECTION 2 – CANNABIS USE

Q7 During your lifetime have you ever used cannabis?

- 1 Yes
- 2 No → Preamble 3
- 8 Don't know → Preamble 3
- 9 Refuse to answer → Preamble 3

Source: Health Canada, *Canadian Cannabis Survey*, 2017. Question adapted by the ISQ.

Q8A How old were you when you first used cannabis?

- 1 Enter age → Q9
- 998 Don't know
- 999 Refuse to answer

Source: Health Canada, *Canadian Cannabis Survey*, 2017. Question adapted by the ISQ.

Q8B Could you indicate in which age category you were in when you first used cannabis?

- 1 Under 15 years
- 2 15 to 17 years
- 3 19 to 20 years
- 4 21 to 24 years
- 5 25 to 29 years
- 6 30 to 34 years
- 7 35 years or over
- 8 Don't know
- 9 Refuse to answer

Q9 In the past 12 months, have you used cannabis?

- 1 Yes
- 2 No → Q34
- 8 Don't know → Q34
- 9 Refuse to answer → Q34

Source: Health Canada, *Canadian Cannabis Survey*, 2017. Question adapted by the ISQ.

Q10 In the past 12 months, how often did you typically use cannabis?

- 1 Less than 1 day per month
- 2 1 day per month
- 3 2 to 3 days per month
- 4 1 to 2 days per week
- 5 3 to 4 days per week
- 6 5 to 6 days per week
- 7 Daily
- 8 Don't know
- 9 Refuse to answer

Source: Health Canada, *Canadian Cannabis Survey*, 2017. Question adapted by the ISQ.

Filter 1.

General Condition: If age at first use < age at the time of legalization, - do not ask Q11

If Q8a < (October 17th, 2018 - Birthdate/365.25) → Q12

If Q8a = 998 or 999 AND Q8b = 1 AND 15 < (October 17th, 2018 - Birthdate/365.25) → Q12

If Q8a = 998 or 999 AND Q8b = 2 AND 17 < (October 17th, 2018 - Birthdate/365.25) → Q12

If Q8a = 998 or 999 AND Q8b = 3 AND 20 < (October 17th, 2018 - Birthdate/365.25) → Q12

If Q8a = 998 or 999 AND Q8b = 4 AND 24 < (October 17th, 2018 - Birthdate/365.25) → Q12

If Q8a = 998 or 999 AND Q8b = 5 AND 29 < (October 17th, 2018 - Birthdate/365.25) → Q12

If Q8a = 998 or 999 AND Q8b = 6 AND 34 < (October 17th, 2018 - Birthdate/365.25) → Q12

If Q8a = 998 or 999 AND Q8b = 7 AND 35 ≤ (October 17th, 2018 - Birthdate/365.25) → Q11

If Birthdate = missing or If Q8a = 998 or 999 AND Q8b = 8 or 9 → Q11

Q11 Did you use cannabis for the first time after it became legal in Canada (on October 17th, 2018)?

- 1 Yes → Q13
- 2 No
- 8 Don't know
- 9 Refuse to answer

Source: Statistics Canada, *National Cannabis Survey*, 2018. Question adapted by the ISQ.

Q12 Since cannabis became legal in Canada (since October 17th, 2018), would you say that your cannabis consumption...?

- 1 has increased
- 2 has decreased
- 3 has remained the same
- 8 Don't know
- 9 Refuse to answer

Source: Colorado Department of Public Health & Environment. *Cannabis Users Survey on Health*. Question adapted by the ISQ.

Q13 In the past 12 months, did you use the following methods to consume cannabis?

		Yes	No	Don't know	Refuse to answer
Q13a	You smoked it by joint, bong, pipe or blunt	1	2	8	9
Q13b	You dabbed it including with a hot knife, needle or nail	1	2	8	9
Q13c	You vaped it in e-liquid form (e.g. with an e-cigarette)	1	2	8	9
Q13d	You vaporized it (e.g. with a stationary vaporizer or a portable vaporizer)	1	2	8	9
Q13e	You ate it in food (e.g. brownies, cakes, cookies, candy)	1	2	8	9
Q13f	You drank it (tea, cola, alcohol or other drinks)	1	2	8	9
Q13g	You ingested it in a pill, softgel or capsule	1	2	8	9
Q13h	You consumed it as oral drops or with an oral spray	1	2	8	9

Source: Health Canada, *Canadian Cannabis Survey*, 2017. Question adapted by the ISQ.

Q13i In the past 12 months, did you use any other method than those previously mentioned to consume cannabis?

- 1 Yes, please specify
- 2 No
- 8 Don't know
- 9 Refuse to answer

Source: Health Canada, *Canadian Cannabis Survey*, 2017. Question adapted by the ISQ.

Q14 In the past 12 months, did you use the following forms of cannabis?

		Yes	No	Don't know	Refuse to answer
Q14a	Dried flowers or leaves, buds	1	2	8	9
Q14b	Hashish or kief	1	2	8	9
Q14c	Liquid extract or concentrate (e.g. cannabis or hash oil or extract such as rosin or distillate, oil cartridges, disposable vape pens)	1	2	8	9
Q14d	Solid extract or concentrate excluding hashish (e.g. dabs, shatter, budder, wax)	1	2	8	9

Source: Health Canada, *Canadian Cannabis Survey*, 2017. Question adapted by the ISQ.

Q14e In the past 12 months, did you use cannabis in any other form than those previously mentioned?

- 1 Yes, please specify
- 2 No
- 8 Don't know
- 9 Refuse to answer

Source: Health Canada, *Canadian Cannabis Survey*, 2017. Question adapted by the ISQ.

Filter 2.

If Q14a = 1 → + 1

Else → Filter 3

Q15a In the past 12 months, how often did you use cannabis in the form of dried flowers or leaves, buds?

- 1 Less than 1 day per month
- 2 1 day per month
- 3 2 to 3 days per month
- 4 1 to 2 days per week
- 5 3 to 4 days per week
- 6 5 to 6 days per week
- 7 Daily
- 8 Don't know
- 9 Refuse to answer

Source: Health Canada, *Canadian Cannabis Survey*, 2017. Question adapted by the ISQ.

Filter 3.

If Q14b = 1 → + 1

Else → Filter 4

Q15b In the past 12 months, how often did you use cannabis in the form of hashish or kief?

- 1 Less than 1 day per month
- 2 1 day per month
- 3 2 to 3 days per month
- 4 1 to 2 days per week
- 5 3 to 4 days per week
- 6 5 to 6 days per week
- 7 Daily
- 8 Don't know
- 9 Refuse to answer

Source: Health Canada, *Canadian Cannabis Survey*, 2017. Question adapted by the ISQ.

Filter 4.

If Q14c = 1 → + 1

Else → Filter 5

Q15c In the past 12 months, how often did you use cannabis in the form of liquid extract or concentrate (e.g. cannabis or hash oil or extract such as rosin or distillate, oil cartridges, disposable vape pens)?

- 1 Less than 1 day per month
- 2 1 day per month
- 3 2 to 3 days per month
- 4 1 to 2 days per week
- 5 3 to 4 days per week
- 6 5 to 6 days per week
- 7 Daily
- 8 Don't know
- 9 Refuse to answer

Source: Health Canada, *Canadian Cannabis Survey*, 2017. Question adapted by the ISQ.

Filter 5.

If Q14d = 1 → + 1

Else → Filter 6

Q15d In the past 12 months, how often did you use cannabis in the form of solid extract or concentrate excluding hashish (e.g. dabs, shatter, budder, wax)?

- 1 Less than 1 day per month
- 2 1 day per month
- 3 2 to 3 days per month
- 4 1 to 2 days per week
- 5 3 to 4 days per week
- 6 5 to 6 days per week
- 7 Daily
- 8 Don't know
- 9 Refuse to answer

Source: Health Canada, *Canadian Cannabis Survey*, 2017. Question adapted by the ISQ.

Filter 6.

If Q13e = 1

Else → Q16

Q15e In the past 12 months, how often did you eat cannabis edibles?

- 1 Less than 1 day per month
- 2 1 day per month
- 3 2 to 3 days per month
- 4 1 to 2 days per week
- 5 3 to 4 days per week
- 6 5 to 6 days per week
- 7 Daily
- 8 Don't know
- 9 Refuse to answer

Source: Health Canada, *Canadian Cannabis Survey*, 2017. Question adapted by the ISQ.

Q16 In the past 12 months, what did you mainly use...?

- 1 Product(s) containing solely THC
- 2 Product(s) containing more THC than CBD
- 3 Product(s) containing as much THC as CBD
- 4 Product(s) containing more CBD than THC
- 5 Product(s) containing solely CBD
- 6 You don't know
- 9 Refuse to answer

Source: Health Canada, *Canadian Cannabis Survey*, 2017. Question adapted by the ISQ.

Q17 In the past 12 months, where did you get the cannabis you used?

INSTRUCTION: Read the response choices and suggest a yes or no answer. Please select all that apply.

- 1 It was grown by me or for me
- 2 From a third party such as a family member, friend or acquaintance
- 3 At the Société québécoise du cannabis (SQDC), online or in store
- 4 At an official retailer in another province
- 5 From a Health Canada licensed producer
- 6 From a dispensary or compassion club
- 7 From an illegal supplier (dealer or black market)
- 8 Other, please specify
- 98 Don't know
- 99 Refuse to answer

Source: Health Canada, *Canadian Cannabis Survey*, 2017. Question adapted by the ISQ.

Filter 7.

If Q17 = at least 3 + 4 OR
at least 3 + 5 OR
at least 3 + 6 OR
at least 3 + 7 OR
at least 3 + 8 → Q18

Else Q19

If Q17=3 → Q23

Q18 Since cannabis became legal in Canada (on October 17th, 2018), what percentage of the cannabis you purchased came from the SQDC?

- 1 1 % to 24 %
- 2 25 % to 49 %
- 3 50 % to 74 %
- 4 75 % to 99 %
- 5 100 %
- 8 Don't know
- 9 Refuse to answer

Source: Health Canada, *Canadian Cannabis Survey*, 2017. Question adapted by the ISQ.

Filter 8.

If Q18 = 5 → Q23

Else Q19

Q19 Since cannabis became legal, for what reason(s) did you not purchase all or part of that cannabis at the SQDC?

INSTRUCTION: Please select all that apply.

		Yes	No	Don't know	Refuse to answer
Q19a	Prices	1	2	8	9
Q19b	SQDC supply problems	1	2	8	9
Q19c	Lack of products containing the desired amount of THC and/or CBD	1	2	8	9
Q19d	Lack of products sold as concentrates, edibles, drinks, etc.	1	2	8	9
Q19e	Poor quality of products sold (e.g. too dry, lower weight than displayed on the container)	1	2	8	9
Q19f	To leave no trace of the purchase or to not be identified as a consumer	1	2	8	9
Q19g	Access challenges (e.g. opening hours, wait times, stores too far away, no Internet access)	1	2	8	9
Q19h	Time it takes to obtain cannabis (e.g. delivery time)	1	2	8	9

Source: Colorado Department of Public Health & Environment. *Cannabis Users Survey on Health* (CUSH). Question adapted by the ISQ.

Q19j Are there any other reasons why you did not purchase all or part of that cannabis at the SQDC?

- 1 Yes, please specify
- 2 No
- 8 Don't know
- 9 Refuse to answer

Filter 10.

If Q17 = 7 → Q20

Else → Q23

Q20 When you last purchased cannabis from an illegal supplier, what form of cannabis did you mainly buy?

INSTRUCTION: Include only the last purchase. Do not include gifts or barter.

- 1 Dried flowers or leaves, buds
- 2 Hashish or kief
- 3 Liquid extract or concentrate (e.g. cannabis or hash oil or extract such as rosin or distillate, oil cartridges, disposable vape pens)
- 4 Solid extract or concentrate excluding hashish (e.g. dabs, shatter, budder, wax)
- 5 Other, please specify the form and quantity (→ Q22)
- 8 Don't know
- 9 Refuse to answer

Q21a What quantity of this product did you purchase?

INSTRUCTION: If you know the quantity purchased in ounces (oz.), please use the following equivalences, and answer in grams: 1/8 oz. = 3.5 g 1/4 oz. = 7 g 1/2 oz. = 14 g 1 oz. = 28 g

- 1 Enter quantity
- 9998 Don't know
- 9999 Refuse to answer

INSTRUCTION: Please use a period (.) rather than a comma (,) as a decimal separator.

Q21b Select unit from this list:

- 1 gram (g)
- 2 milligram (mg)
- 3 millilitre (ml)
- 8 Ne sait pas
- 9 Ne répond pas

Q22 How much (\$) did you pay for that purchase?

- 1 Enter amount
- 888888 Don't know
- 999999 Refuse to answer

Q23 For what reason(s) did you use cannabis in the past 12 months?

INSTRUCTION: Please select all that apply.

		Yes	No	Don't know	Refuse to answer
Q23a	To treat a health problem or relieve symptoms	1	2	8	9
Q23b	To relax or relieve tension	1	2	8	9
Q23c	To experiment or to see what it is like	1	2	8	9
Q23d	To feel good or get high	1	2	8	9
Q23e	To help you with your sleep	1	2	8	9
Q23f	To help you with your feelings or emotions	1	2	8	9
Q23g	To increase or decrease the effect(s) of some other drug	1	2	8	9
Q23h	Because you are hooked or must have it	1	2	8	9
Q23i	For fun	1	2	8	9
Q23j	To have a good time with friends, to socialize	1	2	8	9

Source: Colorado Department of Public Health & Environment. *Cannabis Users Survey on Health* (CUSH). Question adapted by the ISQ.

Q23k In the past 12 months, did you use cannabis for any other reason than those previously mentioned?

- 1 Yes, please specify
- 2 No
- 8 Don't know
- 9 Refuse to answer

Source: Colorado Department of Public Health & Environment. *Cannabis Users Survey on Health* (CUSH). Question adapted by the ISQ.

Filter 11.

If Q23a = 1 → + 1

Else → Q26

Q24 You indicated that you have used cannabis in the past 12 months to treat a health problem or relieve symptoms. Do you have a medical document from a doctor to use cannabis?

- 1 Yes
- 2 No
- 8 Don't know
- 9 Refuse to answer

Source: Health Canada, *Canadian Cannabis Survey*, 2017. Question adapted by the ISQ.

Q25 For what health problem(s) or symptoms did you use cannabis in the past 12 months?

INSTRUCTION: Read the response choices and suggest a yes or no answer. Please select all that apply.

- 1 Chronic pain (arthritis, back pain or migraine)
- 2 Nausea or vomiting
- 3 Lack of appetite or weight loss
- 4 Depression
- 5 Multiple sclerosis, amyotrophic lateral sclerosis, spinal cord injury
- 6 Epilepsy
- 7 Anxiety or nerves
- 8 Glaucoma
- 9 Insomnia
- 10 Post-traumatic stress syndrome
- 11 Drug addiction or withdrawal from another substance
- 12 Other, please specify
- 98 Don't know
- 99 Refuse to answer

Source: *Canadian Tobacco, Alcohol and Drugs Survey, 2017 (CTADS)*. Question adapted by the ISQ.

Q26 In the past 12 months, where have you used cannabis?

INSTRUCTION: Read the response choices and suggest a yes or no answer. Please select all that apply.

- 1 Inside a private home
- 2 Outside a private home for example in a backyard or on the balcony
- 3 At a concert, sports event, festival, etc.
- 4 Inside or outside a bar or restaurant
- 5 Inside or outside a secondary school, CEGEP/college, or university
- 6 Inside or outside your workplace
- 7 Inside a car
- 8 At an outdoor public place (street, park, alley, etc.)
- 9 In nature (in the woods, while camping, fishing, etc.)
- 10 Other, please specify
- 98 Don't know
- 99 Refuse to answer

Source: Health Canada, *Canadian Cannabis Survey, 2017*. Question adapted by the ISQ.

Q27 In the past 12 months, who did you use cannabis with?

INSTRUCTION: Read the response choices and suggest a yes or no answer. Please select all that apply.

- 1 While alone
- 2 Spouse or partner
- 3 Family member(s) or relative(s)
- 4 Friend(s)
- 5 Co-workers(s)
- 6 Stranger(s)
- 7 Dealer(s)
- 8 Other, please specify
- 98 Don't know
- 99 Refuse to answer

Source: Health Canada, *Canadian Cannabis Survey*, 2017. Question adapted by the ISQ.

Q28 In the past 12 months, how many times have you driven a motor vehicle (e.g. car, motorcycle, snowmobile, motor boat or all-terrain vehicle (ATV)) within 2 hours of using cannabis?

- 1 Never
- 2 Once
- 3 Twice
- 4 3 or more times
- 8 Don't know
- 9 Refuse to answer

Source: Health Canada, *Canadian Cannabis Survey*, 2017. Question adapted by the ISQ.

Section 3 – EFFECTS OF CANNABIS USE

Q29 In the past 12 months, what effect did your cannabis use have on your...?

		Positive effect	No effect	Negative effect	Don't know	Refuse to answer
Q29a	Friendship or social life	1	2	3	8	9
Q29b	Physical health	1	2	3	8	9
Q29c	Physical mobility	1	2	3	8	9
Q29d	Mental health	1	2	3	8	9
Q29e	Life as a family or couple	1	2	3	8	9
Q29f	Work or studies	1	2	3	8	9
Q29g	Quality of life	1	2	3	8	9

Source: Health Canada, *Canadian Cannabis Survey*, 2017. Question adapted by the ISQ.

Preamble 2 The next questions are about your cannabis use in the past 3 months.

Q30 During the past 3 months (90 days) how often did you use cannabis?

- 1 Never → Q34
- 2 Once or twice
- 3 Monthly
- 4 Weekly
- 5 Daily or almost daily
- 8 Don't know
- 9 Refuse to answer

Source : *The Alcohol, Smoking and Substance Involvement Screening Test (ASSIST)*: manual for use in primary care. Geneva, World Health Organization, 2010 (The Alcohol, Smoking and Substance Involvement Screening Test (ASSIST v3.0). http://www.who.int/substance_abuse/activities/assist_test/en/ (15 février 2018). Question adaptée par l'ISQ.

Q31 During the past 3 months, how often have you had a strong desire or urge to use cannabis?

- 1 Never
- 2 Once or twice
- 3 Monthly
- 4 Weekly
- 5 Daily or almost daily
- 8 Don't know
- 9 Refuse to answer

Source : *The Alcohol, Smoking and Substance Involvement Screening Test (ASSIST)*: manual for use in primary care. Geneva, World Health Organization, 2010 (The Alcohol, Smoking and Substance Involvement Screening Test (ASSIST v3.0). http://www.who.int/substance_abuse/activities/assist_test/en/ (15 février 2018). Question adaptée par l'ISQ.

Q32 During the past 3 months, how often has your use of cannabis led to health, social, legal or financial problems?

- 1 Never
- 2 Once or twice
- 3 Monthly
- 4 Weekly
- 5 Daily or almost daily
- 8 Don't know
- 9 Refuse to answer

Source : *The Alcohol, Smoking and Substance Involvement Screening Test (ASSIST)*: manual for use in primary care. Geneva, World Health Organization, 2010 (The Alcohol, Smoking and Substance Involvement Screening Test (ASSIST v3.0).

http://www.who.int/substance_abuse/activities/assist_test/en/ (15 février 2018). Question adaptée par l'ISQ.

Q33 During the past 3 months, how often have you failed to do what was normally expected of you because of your use of cannabis?

- 1 Never
- 2 Once or twice
- 3 Monthly
- 4 Weekly
- 5 Daily or almost daily
- 8 Don't know
- 9 Refuse to answer

Source : *The Alcohol, Smoking and Substance Involvement Screening Test (ASSIST)*: manual for use in primary care. Geneva, World Health Organization, 2010 (The Alcohol, Smoking and Substance Involvement Screening Test (ASSIST v3.0).

http://www.who.int/substance_abuse/activities/assist_test/en/ (15 février 2018). Question adaptée par l'ISQ.

Q34 During your lifetime, has a friend or relative or anyone else ever expressed concern about your use of cannabis?

- 1 No, never
- 2 Yes, but not in the past 3 months
- 3 Yes, in the past 3 months
- 8 Don't know
- 9 Refuse to answer

Source : *The Alcohol, Smoking and Substance Involvement Screening Test (ASSIST)*: manual for use in primary care. Geneva, World Health Organization, 2010 (The Alcohol, Smoking and Substance Involvement Screening Test (ASSIST v3.0).

http://www.who.int/substance_abuse/activities/assist_test/en/ (15 février 2018). Question adaptée par l'ISQ.

Q35 During your lifetime, have you ever tried and failed to control, cut down or stop using cannabis?

- 1 No, never
- 2 Yes, but not in the past 3 months
- 3 Yes, in the past 3 months
- 8 Don't know
- 9 Refuse to answer

Source : *The Alcohol, Smoking and Substance Involvement Screening Test (ASSIST)*: manual for use in primary care. Geneva, World Health Organization, 2010 (The Alcohol, Smoking and Substance Involvement Screening Test (ASSIST v3.0).

http://www.who.int/substance_abuse/activities/assist_test/en/ (15 février 2018). Question adaptée par l'ISQ.

For consultation only

SECTION 4 – USE OF SUBSTANCES OTHER THAN CANNABIS

Preamble 3 The next questions are about your use of substances other than cannabis in the past 12 months.

Q36 In the past 12 months, how often did you drink alcoholic beverages?

- 1 Never
- 2 Less than once a month
- 3 Once a month
- 43 2 to 3 times a month
- 5 Once a week
- 6 2 to 3 times a week
- 7 4 to 6 times a week
- 8 Everyday
- 98 Don't know
- 99 Refuse to answer

Source: Canadian Community Health Survey, 2015-2016 (CCHS).

Filter 12.

If Q9 = 1 AND Q36 = 2, 3, 4, 5, 6, 7, 8 → Q37a

If Q9 = 1 AND Q36 = 1 → Q37b

If Q9 ≠ 1 → Preamble 4

Q37 In the past 12 months, how often did you use the following substances in combination with (that is, at the same time as) cannabis?

		Never	Rarely	Sometimes	Often	Always	Don't know	Refuse to answer
Q37a	Alcohol	1	2	3	4	5	8	9
Q37b	Tobacco or nicotine in all forms (smoked or in an e-cigarette, mixed with cannabis or not)	1	2	3	4	5	8	9
Q37c	Prescription opiates or opioids (prescribed for you or someone else) (e.g. oxycodone, Dilaudid®, morphine, Demerol, Fentanyl, drugs containing codeine.)	1	2	3	4	5	8	9
Q37d	Prescription stimulants (prescribed for you or someone else) (e.g. Ritalin®, Concerta®, Adderall®, Dexedrine)	1	2	3	4	5	8	9
Q37e	Prescription sedatives or tranquilizers (prescribed for you or someone else) (e.g. diazepam, lorazepam, Valium®, Ativan®, alprazolam, Xanax, clonazepam, Rivotril®)	1	2	3	4	5	8	9
Q37f	Antihistamine, cough control, decongestant or anti-nausea drug (e.g. Gravol®, Benadryl®, Sleep Aid, Sleep-EZE®, DM syrup, Sudafed®)	1	2	3	4	5	8	9
Q37g	Other illicit drug or substance	1	2	3	4	5	8	9

Source: Health Canada, *Canadian Cannabis Survey*, 2017. Question adapted by the ISQ.

SECTION 5 – GENERAL AND MENTAL HEALTH

Preamble 4 The next nine questions are about various aspects of your physical, mental and social health. They are asked of all participants, regardless of the answers provided up to this point.

Q38 In general, would you say your health is...?

- 1 Excellent
- 2 Very good
- 3 Good
- 4 Fair
- 5 Poor
- 8 Don't know
- 9 Refuse to answer

Source: Canadian Community Health Survey, 2015-2016 (CCHS).

Q38a How do you feel about your life as a whole right now using a scale of 0 to 10, where 0 means "Very dissatisfied" and 10 means "Very satisfied"?

- 1 Min = 0; Max = 10
- 98 Don't know
- 99 Refuse to answer

Source: Canadian Community Health Survey, 2015-2016 (CCHS).

Q38b In general, would you say your mental health is...?

- 1 Excellent
- 2 Very good
- 3 Good
- 4 Fair
- 5 Poor
- 8 Don't know
- 9 Refuse to answer

Source: Canadian Community Health Survey, 2015-2016 (CCHS).

Let us now talk about the past month.

Q39 During the past month, about how often did you feel nervous?

- 1 All the time
- 2 Most of the time
- 3 Some of the time
- 4 A little of the time
- 5 None of the time
- 8 Don't know
- 9 Refuse to answer

Source: Kessler Psychological Distress Scale (K6)

Q40 During the past month, about how often did you feel hopeless?

- 1 All the time
- 2 Most of the time
- 3 Some of the time
- 4 A little of the time
- 5 None of the time
- 8 Don't know
- 9 Refuse to answer

Source: Kessler Psychological Distress Scale (K6)

Q41 During the past month, about how often did you feel restless or fidgety?

- 1 All the time
- 2 Most of the time
- 3 Some of the time
- 4 A little of the time
- 5 None of the time
- 8 Don't know
- 9 Refuse to answer

Source : Kessler Psychological Distress Scale (K6)

Q42 During the past month, about how often did you feel so depressed that nothing could cheer you up?

- 1 All the time
- 2 Most of the time
- 3 Some of the time
- 4 A little of the time
- 5 None of the time
- 8 Don't know
- 9 Refuse to answer

Source: Kessler Psychological Distress Scale (K6)

Q43 During the past month, about how often did you feel that everything was an effort (so tired that everything was an effort)?

- 1 All the time
- 2 Most of the time
- 3 Some of the time
- 4 A little of the time
- 5 None of the time
- 8 Don't know
- 9 Refuse to answer

Source: Kessler Psychological Distress Scale (K6)

Q44 During the past month, about how often did you feel worthless?

- 1 All the time
- 2 Most of the time
- 3 Some of the time
- 4 A little of the time
- 5 None of the time
- 8 Don't know
- 9 Refuse to answer

Source: Kessler Psychological Distress Scale (K6)

The final section message CATI :

We are aware that our questionnaire deals with topics that can be difficult for some people. If you need help, you can call 811, the Info-Santé / Info-Social number. This service is free and is available from anywhere in Québec, 24/7.

The final section message CAWI :

This questionnaire deals with topics that could be difficult for some people. If you need help, you can call 811, the Info-Santé / Info-Social number. This service is free and is available from anywhere in Québec, 24/7.

SECTION 6 – RESPONDENT'S PROFILE

Preamble 5 We are now coming to the last part of the questionnaire. Your answers will be used solely for statistical purposes.

Q45a Were you born in Canada?

- 1 Yes → Q46
- 2 No
- 8 Don't know → Q46
- 9 Refuse to answer → Q46

Q45b How many years have you lived in Canada?

- 1 Less than 5 years
- 2 5 to 10 years
- 3 More than 10 years
- 8 Don't know
- 9 Refuse to answer

Q46 What language do you speak most often at home?

INSTRUCTION: If you speak two languages equally as often, check both answers.

- 1 French
- 2 English
- 3 Other
- 8 Don't know
- 9 Refuse to answer

Q47 Including yourself, how many people live in your household?

INSTRUCTION: Please include all persons living at least 40 % of the time in the household.

- 1 Specify, between 1 and 20
- 98 Don't know
- 99 Refuse to answer

Filter 12.

If Q47 > 1 → + 1

Else → Q49

Q48 Which type of situation best describes the current composition of your household (home)?

- 1 Person lives alone in the household [Choice not appearing because of questionnaire logic's link]
- 2 Couple without children in the same home
- 3 Couple with a child or children in the same home [Choice not appearing If Q47 =2]
- 4 Single-parent family (children of any age)
- 5 Family with other people (relatives or non-relatives)
- 6 Related persons only (brothers, sister, etc.)
- 7 Unrelated persons only (roommates)
- 8 Other (multiple families, etc.)
- 98 Don't know
- 99 Refuse to answer

Q49 What is the highest level of education you have completed?

INSTRUCTIONS: If you have a degree or diploma from another country, choose its equivalent in the Québec school system.

- 1 Elementary education or less (7th grade or less)
- 2 Partial high school education (8th, 9th, 10th or 11th Grade, incomplete classical education/Rudiments of Latin, Syntax, Method, Versification)
- 3 High school diploma (12th Grade, incomplete classical education/Literature, Rhetoric, Philosophy I)
- 4 Trade school or vocational school diploma
- 5 Business college diploma
- 6 CEGEP diploma (completed classical education/Philosophy II/Bachelor of arts/Normal School)
- 7 Undergraduate diploma or degree (certificate, minor, major, bachelor's degree)
- 8 Master's degree, Ph.D., graduate diploma
- 9 Other
- 98 Don't know
- 99 Refuse to answer

Q50 In the past 12 months, what was your main occupation?

- 1 A full-time worker
- 2 A part-time worker (less than 30 hours)
- 3 Student
- 4 Retired
- 5 At home (keeping house)
- 6 On maternity or paternity leave
- 7 On unemployment insurance
- 8 On social welfare insurance
- 9 On disability or sick leave
- 10 Other
- 98 Don't know
- 99 Refuse to answer

Q51 For the past 12 months, what was the approximate total income (gross income), from all sources before taxes and other deductions, of all the members of your household?

INSTRUCTION: Don't forget to include all amounts including Canada child benefits, investment income, etc.

- 1 The respondent provides an answer → Q53a
- 8 Don't know
- 9 Refuse to answer

Q52a Could you then indicate in which of the following categories your household income was in?

- 1 Less than \$10,000 → Q53a
- 2 \$10,000 to less than \$20,000 → Q52b
- 3 \$20,000 to less than \$30,000 → Q52c
- 4 \$30,000 to less than \$40,000 → Q52d
- 5 \$40,000 to less than \$50,000 → Q53a
- 6 \$50,000 to less than \$60,000 → Q53a
- 7 \$60,000 to less than \$80,000 → Q53a
- 8 \$80,000 to less than \$100,000 → Q53a
- 9 \$100,000 to less than \$120,000 → Q53a
- 10 \$120,000 to less than \$140,000 → Q53a
- 11 \$140,000 or more → Q53a
- 98 Don't know → Q53a
- 99 Refuse to answer → Q53a

Q52b Is it more than \$15,000?

- 1 Yes → Q53a
- 2 No → Q53a
- 8 Don't know → Q53a
- 9 Refuse to answer → Q53a

Q52c Is it more than \$25,000?

- 1 Yes → Q53a
- 2 No → Q53a
- 8 Don't know → Q53a
- 9 Refuse to answer → Q53a

Q52d Is it more than \$35,000?

- 1 Yes
- 2 No
- 8 Don't know
- 9 Refuse to answer

Q53a Is your postal code <CPP>?

- 1 Yes → End
- 2 No, correct it → End (once corrected)
- 8 Don't know
- 9 Refuse to answer

Q53b Could you then provide the first three digits of your postal code?

- 1 The respondent can give the first 3 digits
- 2 The respondent cannot or refuses to give the first 3 digits of the postal code

For consultation only