

L'ENQUÊTE QUÉBÉCOISE SUR LA QUALITÉ DES SERVICES DE LUTTE CONTRE LE CANCER, 2008

QUESTIONNAIRE

Version anglaise

Direction des statistiques de santé

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Définitions

Several questions in this questionnaire concern health care providers who work with people who have cancer. By **health care providers**, we mean <u>doctors</u>, <u>nurses</u>, <u>pivot nurses in oncology</u>, <u>pharmacists</u>, <u>social workers</u>, <u>psychologists</u>, etc., with whom you may have had contact for cancer treatment. By **doctors**, we mean <u>family</u> <u>doctor</u> (or general practitioner), <u>cancer specialists</u> (for example, oncologist, hematologist/oncologist, radiation oncologist) and <u>other specialists</u> (for example, surgeon, dermatologist, gynecologist, urologist).

SECTION A Questions générales

To begin, we are going to ask you some questions about the kind of cancer for which you received at least one of the following **treatments**, between April 1, 2005, and March 31, 2006 : **surgery**, **chemotherapy**, or **radiation therapy** (or **internal radiation therapy**).

A1. What is the <u>primary</u> type of cancer for which you have received at least one treatment between April 1, 2005, and March 31, 2006?

- 01 🗆 Brain
- 02 🗆 Cervix
- 03 🗆 Colon
- 04 🗆 Uterus body
- 05

 Stomach
- 06 🗆 Liver
- 07

 Leukemia (blood)
- 08
 Non-Hodgkins lymphoma
- 09 🗆 Hodgkin's disease
- 10
 Melanoma (skin)
- 11
 Oesophagus
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- 12 🗆 Bone
- 13 🗆 Ovaries
- 14 🗆 Lung
- 15

 Prostate
- 16

 Rectum
- 17 🗆 Kidney
- 18 🗆 Breast
- 19 🗆 Thyroid
- 20
 Unspecified type of cancer
- 21 🗆 Bladder
- 95
 Other (please specify):

A2. Was the type of cancer, indicated in question A1 :

- 01 🗆 A first-time cancer diagnosis (in other words, a cancer diagnosis treated for the first time)
- 02 A recurrence or a repeat cancer diagnosis
- 03 🗆 A second, distinct cancer diagnosis
- 95 🗆 Other, *please specify* :____

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- A3. When did you receive your cancer diagnosis for the type indicated in A1? If you are not sure, please put down your best guess.
 - NOTE : If the cancer diagnosis for which you were treated was a <u>recurrence</u>, please give the date when you learned of the recurrence. If the cancer diagnosis was a second cancer diagnosis (or another cancer), please give the date when you learned of this second or other cancer diagnosis.

Month: _____ Year: _____

NOTE : Please fill out the rest of the questionnaire while only considering the type of cancer and date of diagnostic mentioned above.

A4. Are you currently being treated for a cancer?

- 01
 Yes, I'm still being treated for the cancer diagnosis indicated in A1
- 02
 Yes, I'm being treated for a recurrence of the cancer indicated in A1 or for another cancer
- 03 \square Yes, I'm being treated solely to relieve pain and increase my comfort
- 04
 No, my treatments are over, but I'm taking medication to prevent the cancer from coming back (for example, Tamoxifen, Rituxan)
- 96 \square No, I'm no longer being treated for a cancer

SECTION **B** Avant vos traitements

The following questions refer to **services you received before beginning your treatments**, including services related to the appearance of your symptoms, your formal cancer diagnosis, and treatment planning. These questions concern the cancer indicated in A1 and for which you received at least one treatment (surgery operation, chemotherapy, radiation therapy or internal radiation therapy) between April 1, 2005, and March 31, 2006.

TESTS AND DIAGNOSTIC PROCEDURES

B1. Did you have any signs or symptoms (such as a lump in your breast, blood in your urine) for the cancer indicated in A1?

01 □ Yes 🔗 Go to question B3

02 🗆 No, I did not notice any signs or symptoms in particular & Go to question B2

B2. How did you learn that you had cancer?

- 01 🗆 After a routine check-up or follow-up visit with my family doctor \hat{C} Go to question B5
- O3 □ After a routine check-up or follow-up visit with another specialist (for example, dermatologist, gynecologist, urologist) A Go to question B6
- 04 🗆 After having a mammogram through the Québec Breast Cancer Screening Program 🖉 Go to question B6
- 95 □ Other, *please* specify_____ � Go to question B6

B3. When did you first notice signs or symptoms for the cancer indicated in A1? If you are not sure, please put down your best guess.

Month: _____ Year: _____

B4. How long was it between the appearance of your symptoms or your suspicions that you had cancer and your first visit to a family doctor (or general practitioner) ?

- 01 □ Same day or next day
- $_{02}$ \square More than 2 days but within 1 week
- $_{03}$ \square More than 1 week but within 2 weeks
- 04 \square More than 2 weeks but within 1 month
- $_{05}$ \square More than 1 month but within 3 months
- $_{\rm 06}$ \square More than 3 months but within 6 months
- 07 \square More than 6 months but within 1 year
- 08
 More than 1 year
- 94 🗆 l don't remember
- 96 🗆 I did not see a family doctor because I consulted a specialist directly *i* Go to question B6
- 97 □ I did not see a family doctor because I went directly to a hospital emergency ward 🖗 Go to question B6
- B5. After seeing this doctor, how long did you have to wait before getting your first appointment to see a specialist?
- 01 □ Same day or next day
- $_{02}$ \square More than 2 days but within 1 week
- 03
 More than 1 week but within 2 weeks
- 04
 More than 2 weeks but within 1 month
- 05
 More than 1 month but within 3 months
- 06
 More than 3 months but within 6 months
- 07
 More than 6 months but within 1 year
- 08
 More than 1 year
- 94 🗆 I don't remember
- 96 I did not see a specialist & Go to question B7
- B6. When did you first see a specialist for the cancer indicated in A1? If you are not sure, please give your best guess.

Month: _____ Year: _____

B7. Did the health care providers explain to you, in a way that was easy to understand, why you needed to have diagnostic tests and procedures?

- 01 \Box Yes, thoroughly
- 02
 Ves, somewhat

03 🗆 No

96 I did not have any diagnostic tests or procedures 🔗 Go to question B9

B8. Did you pay out-of-pocket in order to have earlier access to diagnostic tests or procedures (such as x-rays, scans, MRI scans, ultrasound)?

- 01 🗆 Yes
- 03 🗆 No

YOUR DIAGNOSIS

B9. Who first told you of your cancer diagnosis?

- 01
 My family doctor
- 02
 A cancer specialist (for example, hematologist, oncologist)
- 03 🗆 A surgeon
- 04
 Another specialist (for example, dermatologist, gynecologist)
- 05 🗆 A pivot nurse in oncology
- 95 □ Someone else, please specify_
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B10. How were you told of your cancer diagnosis the first time?

- 01 🗆 In person
- 02 🗆 By mail
- $_{03}$ \Box Over the phone
- 95 Other, please specify

B11. When you learned of your diagnosis, would you say the health care provider ...

A) was supportive enough?

01 \square Yes

02 🗆 No

B) allowed enough time?

01 □ Yes 02 □ No

C) answered your questions?

```
01 □ Yes
02 □ No
```

B12. When you received your cancer diagnosis or soon after, were you given any <u>written</u> <u>information</u> about the disease and the treatments you needed to have?

01 □ Yes 02 □ No

B13. After you received your cancer diagnosis, did someone put you in touch with any health care providers or organizations to help you cope with your fears and anxieties?

You may check more than one answer

- 02 \square Yes, with a pivot nurse in oncology
- $_{03}$ \Box Yes, with a psychologist
- 95 \Box Yes, other (please specify): ____
- 96 D No, I was not put in touch with any health care providers or organizations
- 97 🗆 No, I did not need any
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B14. After receiving your cancer diagnosis, were you put in touch with a health care provider who, <u>throughout your illness</u>, could evaluate your needs, or assess your situation, or give you information or support, if needed?

You may check more than one answer

- 01 \square Yes, with a pivot nurse in oncology
- $_{03}$ \Box Yes, with my family doctor
- 04 General Yes, with another specialist (for example, a dermatologist)
- 95
 Yes, with another health care provider (please specify): _____
- 96 🗆 No, I was not put in touch with a health care provider

YOUR TREATMENT PLANNING : SURGERY AND/OR CHEMOTHERAPY AND/OR RADIATION THERAPY (OR INTERNAL RADIATION THERAPY)

B15. Were you involved in the treatment decision-making as much as you would have wanted?

01 □ Yes, thoroughly
02 □ Yes, somewhat
03 □ No
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B16. Were the various stages of your treatments explained to you?

01 □ Yes, thoroughly
02 □ Yes, somewhat
03 □ No
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B17. Did the health care providers involve your family or friends in decisions about your treatment?

01 \square Yes

02
No, I did not want my family or friends to be involved

- 03
 No, but I would have liked that the health care providers involved my family and friends
- 96 \square No, there was no need to involve them
- 97 🗆 I had no family of friends who were able or willing to be involved

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B18. Did the health care providers take your family or living situation into account in planning for your treatments?

01
Yes, thoroughly

02 🗆 Yes, somewhat

03 🗆 No

- 96
 No, they do not have to take into account my family or living situation
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B19. Was there a health care provider or a staff member in charge of making your appointments (for tests, treatments, examinations) and sending along your patient record if necessary?

- 02 🗆 Yes, a nurse
- $_{03}$ \square Yes, a clerk or a secretary
- 95
 Yes, someone else (please specify):

96 🗆 No

B20. Did you feel comfortable talking about complementary, non traditional or alternative therapies (for example, massage, acupuncture, homeopathy) with your health care providers?

- 01 \Box Yes, thoroughly
- 02 🗆 Yes, somewhat
- 03
 No, I did not feel comfortable to talk about it
- 96 \square No, I did not feel the need to talk about it
- 97 D No, I did not use complementary, non-traditional or alternative therapies
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B21. Did anyone ask you to participate in a cancer treatment research project?

- 01
 Yes, and I agreed
- 02 I Yes, but I could not participate because I did not meet eligibility criteria
- 03 🗆 Yes, and I refused

04 🗆 No

SECTION C Les traitements reçus

The questions below deal with the following **treatments** : **surgery**, **chemotherapy** and **radiation therapy** (or **internal radiation therapy**). Please refer to the cancer diagnosis, indicated in A1, for which you received at least one treatment between <u>April 1, 2005, and March 31, 2006</u>. Your full course of treatments, however, may have extended over a longer period. In such cases, you are asked to consider your full course of treatments as a whole.

If your cancer is a <u>recurrence</u> of a previous cancer diagnosis, please consider only those treatments that targeted the recurring cancer as you complete this section of the survey. For those whose cancer is a <u>second cancer</u> diagnosis (or another cancer), please consider only those treatments that targeted the second or other cancer diagnosis as you complete this section of the survey.

SURGERY

C1. After receiving your cancer diagnosis indicated in A1, did you have at least one surgical operation to remove one or more tumours?

Note: In this survey, biopsies are not considered surgical operations.

01 □ Yes, I've had an operation

- $02 \square$ Yes, I've had more than one operation
- 03 □ No 🔗 Go to question C9
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- C2. Was this surgery (or one of these surgeries) a day-surgery? Note: A day-surgery can take place in a hospital (or a clinic), but does not require you staying overnight.

01 □ Yes 02 □ No

Questions C3 to C8 refer solely to your first surgical operation.

C3. When were you operated on for the first time? If you are not sure, please give your best guess.

Month: _____ Year: _____

C4. Where did you have this first surgical operation?

- 01
 In a hospital in my area
- 02 🗆 In a hospital outside my area

95 Other (please specify):

C5. Did your health care providers consider your travel concerns when planning your first surgical operation?

01 □ Yes, thoroughly
02 □ Yes, somewhat
03 □ No
96 □ No, it was not necessary
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C6. Did your health care providers talk to you about the risks and possible side effects of your first surgical operation?

01 □ Yes, thoroughly
02 □ Yes, somewhat
03 □ No

C7. After your surgical operation, did the doctor inform you to the outcome or the results of your surgery?

01 🗆 Yes

- 02 🗆 No 🔗 Go to question C9
- C8. Was the outcome or result of your surgical operation explained to you in a way that was easy for you to understand?

01 □ Yes, thoroughly02 □ Yes, somewhat03 □ No

CHEMOTHERAPY

C9. Did you receive chemotherapy treatments for your cancer diagnosis indicated in A1?

You may check more than one answer

- 01
 Yes, intravenously
- 95 Other (please specify):_
- 96 \square No \rightarrow Go to question C17
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C10. When did you begin your chemotherapy treatments? If you are not sure, please give your best guess.

Month: _____ Year: _____

C11. Where did you receive the majority of your chemotherapy treatments?

- 01 🗆 In a hospital in my area
- 02 \Box In a hospital outside my area
- $_{03}$ \Box At home, under hospital supervision \cancel{P} Go to question C16
- 04 \Box At home, under CLSC supervision \cancel{P} Go to question C16
- 95 Other (please specify):

C12. How long, on average, did it take you to go from your home to where you were receiving the majority of your chemotherapy treatments?

- 01 🗆 Under half an hour
- 02
 More than half an hour but within an hour
- $_{03}$ \square More than 1 hour but within 3 hours
- 04
 More than 3 hours

C13. Did your health care providers consider your travel concerns when planning your chemotherapy treatments?

01
Yes, thoroughly

- 02
 Ves, somewhat
- 03 🗆 No
- 96 🗆 No, it was not necessary
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C14. When you went to the hospital for your chemotherapy treatments, on average, how long did you have to wait between your scheduled appointment time and the time the treatment began?

- 01 🗆 Under half an hour
- 02
 More than half an hour but within an hour
- 03
 More than 1 hour but within 3 hours
- 04

 More than 3 hours
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C15. Did you find the chemotherapy treatment facilities suitable (for example, with respect to cleanliness, noise levels, comfort)?

- 01 🗆 Yes, thoroughly
- 02 🗆 Yes, somewhat

03 🗆 No

C16. Did your health care providers talk to you about the possible side effects of your chemotherapy treatments?

- 01 🗆 Yes, thoroughly
- 02 🗆 Yes, somewhat

03 🗆 No

96 🗆 I did not need any explanations

RADIATION THERAPY (or INTERNAL RADIATION THERAPY)

C17. Did you have radiation therapy (or internal radiation therapy) for your cancer diagnosis indicated in A1?

01 \square Yes

02 □ No 🔗 Go to question C23

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C18. When did you begin your radiation therapy treatments (or internal radiation therapy)? If you are not sure, please give your best guess.

Month: _____ Year: _____

C19. Where did you receive <u>the majority</u> of your radiation therapy treatments (or internal radiation therapy)?

- 01 □ In a hospital in my area
- 02 □ In a hospital outside my area
- 95 □ Other (**please specify**):_____

C20. How long, on average, did it take you to go from your home to where you were receiving the majority of your radiation therapy treatments (or internal radiation therapy)?

- 01 \Box Under half an hour
- 03
 More than 1 hour but within 3 hours

C21. Did your health care providers consider your travel concerns when planning your radiation therapy treatments (or internal radiation therapy)?

- 01 □ Yes, thoroughly
- 02 🗆 Yes, somewhat
- 03 🗆 No
- 96 No, it was not necessary

C22. Did your health care providers talk to you about the possible side effects of your radiation therapy treatments (or internal radiation therapy)?

- 01 \square Yes, thoroughly
- 02 🗆 Yes, somewhat
- 03 🗆 No
- 96 🗆 I did not need any explanations

THE CARE AND SERVICES YOU RECEIVED DURING YOUR TREATMENTS

Note that several of the following questions concern **health care providers** who work with people who have cancer. By **health care providers** we mean <u>doctors</u>, <u>nurses</u>, <u>pivot nurses in oncology</u>, <u>pharmacists</u>, <u>social workers</u>, <u>psychologists</u>, etc., with whom you may have had contact for cancer treatment. By **doctors** we mean <u>family doctor</u> (or general practitioner), <u>cancer specialists</u> (for example, oncologist, haematologist/oncologist, radiation oncologist) and <u>other specialists</u> (for example, surgeon, dermatologist, gynecologist, urologist).

C23. When you had pain or discomfort (for example, nausea, vomiting) during the course of your treatments, were they :

01 🗆 Severe

- 02 🗆 Moderate
- 03 🗆 Mild
- 96 🗆 I had no pain or discomfort 🔗 Go to question C25
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C24. Did the health care providers do everything they could to control your pain or discomfort?

- 01 □ Yes, thoroughly
 02 □ Yes, somewhat
 03 □ No
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- C25. During the course of your illness, did your health care providers assess the ability of your friends and family to assist you with your activities of daily living (for example, making meals, personal care)?
- 01 🗆 Yes
- 02 🗆 No
- 96 🗆 I had no family of friends who were able or willing to assist me 97
- I did not need any help
- C26. Did your health care providers make sure that you had the necessary resources and equipment (for example, home care visits, wheelchair, sitz bath) to help you carry out your activities of daily living?
- 01 🗆 Yes
- 02 🗆 No
- 96 🗆 I did not need these kinds of resources or equipments

C27. Did your health care providers explain clearly the purpose and benefits of the medications you were to take once you were back home?

- 01
 Yes, thoroughly
- 02 \Box Yes, somewhat

03 🗆 No

- 96 🗆 I did not need any explanations
- 97 🗆 I had no medications to take
- C28. During the course of your treatments, did someone tell you whom you could contact <u>evenings</u>, <u>nights</u> and <u>weekends</u>, should you have problems related to your health or your cancer treatments?

NOTE : By contact, we mean a telephone call or a visit.

You may check more than one answer

- 01
 Yes, I was told to contact a family doctor (or general practitioner)
- ${\scriptstyle 02}\ \Box$ Yes, I was told to contact a cancer specialist or another specialist
- 04 🗆 Yes, I was told to contact Info-Santé
- $_{\rm 05}$ \square Yes, I was told to contact a CLSC
- $_{06}\ \square$ Yes, I was told to contact a hospital emergency ward
- 07
 Yes, I was told to contact a hospital patient care unit
- 95 Other (please specify):_
- 96 🗆 No, I was not told who to contact

C29. During the course of your treatments, did you feel that you were treated with respect by your health care providers?

- 01 🗆 Yes, always
- 02 🗆 Yes, most of the time
- 03 🗆 No

C30. During the course of your treatments, did any health care providers ever talk about your case in front of you as if you were not there?

- 01 🗆 Yes, often
- 02 🗆 Yes, sometimes
- 03 🗆 Yes, once
- 04 🗆 No, never

C31. During the course of your treatments, was information about your care and the state of your health given to you in private or without others being able to hear it?

- 01 🗆 Yes, always
- 03 🗆 No

C32. During the course of your treatments, did you feel that health care providers were respectful of your privacy (for example, drawing curtains, covering you up)?

01 🗆 Yes, always

02 \Box Yes, most of the time

03 🗆 No

C33. Do you think your health care providers knew enough about the therapies available for treating your cancer?

01 □ Yes, thoroughly
02 □ Yes, somewhat
03 □ No
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C34. As far as you know, was a medical error committed by a health care provider during your treatments (for example, mistakes with intravenous fluid drips, mistakes during surgery, diagnostic mistakes)?

- 01
 Yes, a doctor or a health care provider notified me of a medical error
- 02 🗆 Yes, I observed a medical error
- $_{03}$ \square No, there were no medical errors that I know
- 95 Other (please specify):___
- 98 🗆 l do not know

C35. How often were your health care providers familiar with your medical history?

- 01
 Always
- $02 \square$ Most of the time
- 03 □ Sometimes
- 04 \square Never
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C36. Was your family doctor, in your opinion, adequately informed of the various procedures and treatments that you received to treat your cancer?

- 02 🗆 Yes, somewhat

03 🗆 No

- 96 🗆 I was the one who kept my family doctor informed
- 97 🗆 I did not have a family doctor
- C37. During the course of your treatments, were the results of your examinations or tests ever lost or misplaced?
- 01 □ Yes

02 🗆 No

C38. How often were you given confusing or contradictory information about the state of your health or your treatments?

01 \square Never

02
Sometimes

03 🗆 Usually

04 🗆 Always

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C39. Were you assisted by the staff member or health care providers in dealing with other hospitals or organizations, for example, in making appointment or transferring your medical record to a hospital outside your area or a CLSC when it was required?

01 □ Yes, thoroughly

02 🗆 Yes, somewhat

03 🗆 No

- 96 □ No assistance was necessary
- C40. When you had important questions to ask a health care provider, did you get answers that you could understand?
- 01 🗆 Yes, always
- 02 \Box Yes, most of the time

03 🗆 No

96 🗆 I did not need to ask any questions

C41. When your family or friends wanted to talk to a health care provider, could they do so easily?

- 01 🗆 Yes, thoroughly
- 02 🗆 Yes, somewhat

03 🗆 No

- 96 D My family or friends did not want to talk to the health care providers
- 97 🗆 I did not want my family or friends to talk to the health care providers

C42. Did you get the impression that the health care providers involved in your care and treatments were working as a team?

- 01 🗆 Yes, thoroughly
- 02
 Yes, somewhat

03 🗆 No

C43. During the course of your treatments, were you given helpful information about changes that might occur in :

A) ...your physical apparence ?

01 🗆 Yes, thoroughly

02 \Box Yes, somewhat

03 🗆 No

96 🗆 I did not need any information

B) ... your sexual activity ?

01 □ Yes, thoroughly
02 □ Yes, somewhat
03 □ No
96 □ I did not need any information

C) ... your emotions ?

- 01
 Yes, thoroughly
- 02
 Ves, somewhat

03 🗆 No

96 🗆 I did not need any information

D) ...your relationship with your spouse or partner and your family life?

01 \Box Yes, thoroughly

02
Yes, somewhat

03 □ No

96 \square I did not need any information

E) ... your nutritional needs?

01 □ Yes, thoroughly
02 □ Yes, somewhat
03 □ No

96 🗆 I did not need any information

F) ... your work or usual activity ?

01 Ves, thoroughly
02 Yes, somewhat
03 No
96 Idid not need any information
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C44. Did a health care provider give you information about community resources or support groups for people with cancer?

You may check more than one answer

01
Yes, I received some written information about this (a list, resource directory, etc.)

02
Ves, I received some verbal information about this

03 🗆 No

C45. Did a health care provider or a staff member give you information about the availability of financial aid to pay some or all of the cost of services, medical equipment, or devices that were necessary during the course of your treatments (for example, expenses for medications, transportation, wigs)?

01 \square Yes

02
No, but I would have liked to have had such information

96
No, and I did not need information like that

C46. During the course of your treatments, did you consult any of the following health care providers or use any of the services listed below?

A) Occupational therapist or physical therapist

01 🗆 Yes

- 02 🗆 No, but I would have like to
- 96 🗆 No, and I did not want to

B) Nutritionist or dietician

01 \square Yes

- ${\scriptstyle 02}\ \Box$ No, but I would have like to
- $_{96}\ \square$ No, and I did not want to

C) Pharmacist

01 🗆 Yes

02
No, but I would have like to

96 🗆 No, and I did not want to

D) Psychologist

- 01 🗆 Yes
- 02
 No, but I would have like to
- 96 🗆 No, and I did not want to

E) Social worker

01 □ Yes
02 □ No, but I would have like to
96 □ No, and I did not want to

F) Alternative, non traditional or complementary therapies (for example, meditation, massage, acupuncture)

- 01 \square Yes, I did use this kind of service
- 02
 No, but I would have liked to
- 96 🗆 No, and I did not want to

G)Self-help group or support group or patient association

- 01 \square Yes, I did use this kind of service
- 02
 No, but I would have liked to
- 96 🗆 No, and I did not want to

H) Transportation services (for example, a volunteer driver, financial assistance for transport from home to a treatment center)

- 01 \square Yes, I did use this kind of service
- 02
 No, but I would have liked to
- 96
 No, and I did not want to

I) Lodging or guest quarters (for example, using a lodging in the Québec

Cancer Foundation [Fondation québécoise du cancer])

- 01 \square Yes, I did use this kind of service
- $02 \square$ No, but I would have liked to
- 96 \square No, and I did not want to

J) Visiting homemaker services (for example, for housework)

- 02
 No, but I would have liked to
- 96 🗆 No, and I did not want to

K) Home health care services (for example, CLSC nurses visits, changing bandages)

- 01
 Yes, I did use this kind of service
- 02
 No, but I would have liked to
- 96 🗆 No, and I did not want to

L) Spiritual counselling (for example, priest, minister, preacher)

- 01
 Yes, I did use this kind of service
- 02 🗆 No, but I would have liked to
- 96 🗆 No, and I did not want to

C47. The course of your treatments, did you <u>not</u> consult a health care provider or use a service because the cost was too high?

01 \square Yes

02 □ No 🔗 Go to question C49

C48. What health care provider or service did you <u>not</u> consult or use because the cost was too high?

You may check more than one answer

- 01
 Occupational therapist or physical therapist
- 02
 Nutritionist or dietician
- 03
 Psychologist
- 04
 Social worker
- 05 □ Alternative, non traditional or complementary therapies (for example, meditation, massage, acupuncture)
- 06
 Medications
- 07 □ Transportation services (for example, financial assistance for transport from home to a treatment center)
- 08
 Visiting homemaker services (for example, for housework)
- 09 D Lodging or guest quarters (for example, using a lodging in the Québec Cancer Foundation)
- 10
 Home health care services (for example, CLSC nurses visits, changing of bandages
- 95 🗆 Other, (please specify):_____

NOTE : Sometimes appointments and scheduled procedures must be postponed. In this question, we are interested only in the appointments and procedures that were postponed for <u>administrative or technical reasons</u>, such as <u>operating room closures</u>, <u>staff shortages</u>, or <u>equipment breakdowns</u>. Please refer to the cancer you mentioned in question A1.

C49. Were any of your appointments and procedures ever postponed for ...

A) Your diagnostic tests or procedures?

- 01 🗆 Yes, once
- 02
 Yes, 2 or 3 times
- 03
 Yes, more than 3 times
- 04 🗆 No
- 96 🗆 I did not have any diagnostic tests or procedures for the cancer diagnosis indicated in A1

B) Your first surgical operation (excluding biopsies)

- 01 🗆 Yes, once
- 02 🗆 Yes, 2 or 3 times
- 03 🗆 Yes, more than 3 times
- 04 🗆 No
- 96 🗆 I did not have any surgical operation for the cancer diagnosis indicated in A1

C) Your chemotherapy treatments

01 🗆 Yes, once

02 🗆 Yes, 2 or 3 times

 $03 \square$ Yes, more than 3 times

04 🗆 No

96 🗆 I did not have any chemotherapy treatment for the cancer diagnosis indicated in A1

D) Your radiation therapy treatments (or internal radiation therapy)?

01 🗆 Yes, once

02 🗆 Yes, 2 or 3 times

 $03 \square$ Yes, more than 3 times

04 🗆 No

96 🗆 I did not have any radiation therapy treatment (or internal radiation therapy) for the cancer diagnosis indicated in A1

C50. During the course of your treatments, when you needed <u>assistance right away</u> because of cancer-related health problems, which of the services below was <u>the most</u> <u>helpful</u> to you?

Please check only one answer

- 01 □ Hospital emergency department ward
- 02 🗆 Walk-in clinic
- 03
 Medical services of a CLSC or a Centre de santé et de services sociaux (CSSS)
- 04 □ Family doctor (or general practitioner)
- 05 □ Cancer specialist or another specialist
- 06 🗆 Pivot nurse in oncology
- 07
 Nurse from a Family medicine group practice (or Groupe de médecine familiale)
- 08 □ Hospital cancer care clinic
- 95 Other service (please specify):___
- 96 🗆 I did not need assistance right away

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C51. Had you wanted to express dissatisfaction regarding services or care received, would you have known how to file a complaint?

01 🗆 Yes

02 🗆 No

- C52. Overall, how would you rate the quality of care received since the date you were diagnosed with the cancer indicated in A1?
- 01 🗆 Poor
- 02 🗆 Passable
- 03 🗆 Good
- 04 🗆 Very good
- 05 🗆 Excellent

SECTION D Le suivi après les traitements

Now we are going to ask you some questions about follow-up after your cancer treatments ended. By **medical follow-up**, we mean the consultations or visits that you had with a <u>family</u> <u>doctor</u> (or general practitioner, a <u>cancer specialist</u> (for example, oncologist, hematologist/oncologist, radiation oncologist) or <u>other specialist</u> (for example, gynecologist, urologist) in order to monitor the evolution of your health.

D1. Once all your treatments were finished for the cancer indicated in A1, was there any medical follow-up organized for you (for example, check-ups, tests)?

- 01 🗆 Yes
- 02 \square No, no medical follow-up was organized \cancel{P} Go to question D8
- 96 🗆 No, because I did not need a medical follow-up 🖈 **Go to question D8**
- 97 🗆 No, because I have not yet finished my treatments 🔗 Go to section E

D2. In the 12 months following the end of your treatments, who was the doctor <u>primarily</u> in charge of your medical follow-up ?

- 02 □ My family doctor
- 03 🗆 Another specialist (for example, dermatologist, gynecologist)
- 95 Other (please specify):_
- 96 D My treatments ended less than 12 months ago

D3. Currently, who is the doctor primarily in charge of your medical follow-up?

- 02
 My family doctor
- 03 Another specialist (for example, dermatologist, gynecologist)
- 95 Other (please specify):_
- 96 \Box No doctor is currently in charge of my medical follow-up \rightarrow **Go to question D8**

D4. Currently, how often do you see this doctor for medical follow-up??

- 01
 Every month
- 02
 Every 2 or 3 months
- 03
 Bvery 4 months
- 04
 Every 6 months
- 05 🗆 As needed
- 95 🗆 Other (please specify):____

D5. When you go for follow-up visits, do you feel that the time the doctor spends with you is :

01 □ Too long ?02 □ Too short ?03 □ About right ?

D6. Does your doctor seem attentive and thorough enough to detect a recurrence of your illness if one were to occur?

01 □ Yes, completely

- 02 🗆 Yes, somewhat
- 03 🗆 No
- 98 🗆 I do not know
- D7. Has the doctor explained to you the warning signs and/or symptoms to watch out for that signal a possible recurrence of your illness ?
- 01 \Box Yes, thoroughly
- 02 \Box Yes, somewhat

03 🗆 No

- D8. Once your various treatments were over, were you able to get psychological support from a health care provider and/or a self-help support group to restore your quality of life?
- 01 \square Yes
- 02
 No, but I would have liked to
- 96
 No, I did not need that kind of support

SECTION E Les habitudes de vie

E1. Since your cancer diagnosis, indicated in A1, have you made any changes in the following lifestyle habits or practices?

A) Played more sports or did more physical activities

- 01 🗆 Yes
- 02 🗆 No
- 96 🗆 I was already in the habit of exercising

B) Lost weight

- 01 🗆 Yes
- 02 □ No
- 96 🗆 I had no excess weight to lose

C) Changed dietary habits

- 01 🗆 Yes
- 02 🗆 No
- 96 \square I did not need to change my diet

D) Reduced tobacco use

- 01 🗆 Yes
- 02 🗆 No
- 96 🗆 I was not a smoker

E) Reduced drug use

01 □ Yes02 □ No96 □ I did not take drugs before

F) Drank less alcohol

01 🗆 Yes

02 🗆 No

96 🗆 I was not a drinker or I drank in moderation

G) Managed or reduced stress

- 01 🗆 Yes
- 02 🗆 No
- 96 🗆 I already knew how to manage my stress

H) Reduced my exposure to sunlight

01 \square Yes

02 🗆 No

96 \square I already spent little time in the sun or I protected myself appropriately from the sun

I) Other

01 □ Yes, Please specify:_____ 02 □ No

E2. Since your cancer diagnosis, have you had help from a health care provider to make changes in your lifestyle habits?

01 🗆 Yes

- 02
 No, but I would have liked to
- 93 🗆 No, because I did not need help from a health care provider
- 96 🗆 No, because I did not need to change my lifestyle habits 🔗 Go to question E4
- 97 🗆 No, I did not want to change my lifestyle habits 🔗 Go to question E4

E3. Are there any other factors, as listed below, that have helped you make changes in your lifestyle habits ?

A) Support from my family or friends

01 🗆 Yes

02 🗆 No

96 □ Does not apply

B) The new anti-smoking law (that is, smoking is no longer permitted in most public places)

01 🗆 Yes

02 🗆 No

- 96 □ Does not apply
 - C) A new program or policy at school or at work intended to encourage people to get in shape

01 🗆 Yes

02 🗆 No

96 Does not apply

D) A self-help group or a patient association

01 🗆 Yes

02 🗆 No

96 Does not apply

E) The example set by people I know

01 □ Yes 02 □ No 96 □ Does not apply

F) Prayer or spiritual guidance

01 □ Yes 02 □ No 96 □ Does not apply

G) Other

01 □ Yes (**please specify**):_____ 02 □ No

E4. Since being diagnosis with cancer, have you advised any of your friends or family

A) ... to have screening examinations (that is, tests that detect illness)?

- 01 🗆 Yes, I did it
- 02 \square No, but I am thinking about it
- $03 \square$ No, I do not think it is useful

B) ... to make changes in their lifestyle habits?

- 01 🗆 Yes, I did it
- 02
 No, but I am thinking about it
- \Box No, I do not think it is useful

SECTION **F** Votre situation personnelle actuelle

To conclude the questionnaire, the answers to the questions below will provide a general profile of your life circumstances. Please note that your answers will remain strictly confidential and will be used only for statistical purposes.

F1. Do you have a family doctor?

01 \Box Yes

02 🗆 No

F2. Compared to other people your age, would you say the state of your health is ...

- 01

 Excellent
- 02 🗆 Very good
- 03 🗆 Good
- 04 🗆 Average
- $05 \square Poor$

F3. What language do you speak most often at home?

- 01 🗆 French
- $02 \square English$
- 96 Other (please specify):

F4. Were you born in Canada?

01 □ Yes *i* Go to question F6 02 □ No

F5. How many years have you lived in Canada?

____years

F6. What is the highest level of education you have attained?

- 01 🗆 No diploma
- 02 🗆 High school diploma
- 03 🗆 Vocational (training school) or trade school diploma or certificate
- 04 🗆 Business college diploma
- 05 🗆 CÉGEP diploma (junior college, classical education)
- 06 🗆 University degree
- 95 🗆 Other (please specify):_____

F7. What was the approximate combined total income before taxes of your household over the past twelve months?

Include only the income of people who permanently resided in your home

- 01 □ Less than \$10,000
- 02 Gen From \$10,000 up to \$20,000
- 03
 □ From \$20,000 up to \$30,000
- 05 Gen From \$40,000 up to \$50,000
- 06 □ From \$50,000 up to \$60,000
- 08 🗆 \$80,000 or more

F8. How do you perceive your economic situation compared with other people your age?

- 01 🗆 I consider myself well-off
- 02 🛛 I consider my income adequate to meet my basic needs and those of my family
- $03 \ \Box \ I \ consider \ myself \ poor$
- 04 🗆 I consider myself very poor

F9. Which of the following best describes your family situation? Include only people who usually reside in your home

- 01 🗆 l live alone
- 02 🗆 I live in a couple without children at home
- $_{03}$ \Box I live in a couple with a child/children at home
- 04 🗆 I live with a child/children at home
- 95 Other (please specify):___

F10. Which item best describes your employment status?

- 01 🗆 Full-time worker
- 02
 Part-time worker
- 03 🗆 Student
- 04 🗆 Retired person
- 05 🗆 Homemaker
- 06 🗆 On paternity/maternity (parental) leave
- 07

 Receiving unemployment insurance
- 08
 □ Receiving social assistance (welfare)
- 95 Other (please specify):____

F11. Who completed this survey?

- 01 🗆 I completed it myself
- 02 \square I completed it with the help of another person

Comments.

This concludes the survey. Thank you for your participation.