

## Health Study on Cannabis, Tobacco and Vaping 2026

February 2026

Greetings,

You are among the thousands of people selected **at random** to participate in the *Health Study on Cannabis, Tobacco and Vaping* conducted by the Institut de la statistique du Québec (ISQ) on behalf of the Ministère de la Santé et des Services sociaux (MSSS). The objective of this study is to learn more about the **perceptions** and **experiences** of the Québec population aged 15 and over regarding these products and their links with health. Your input is appreciated, **whether or not you use** cannabis, tobacco or vaping products.

There are two ways to participate in this study in a confidential manner.

<b>Option 1</b>	Scan the QR code on the right or go to the address provided to access the online questionnaire.	 statistique.quebec.ca/e403e
	Enter your identifier	PIN

The online questionnaire takes about 15 minutes to complete. If necessary, you can exit the questionnaire and return to finish it at another time.

<b>Option 2</b>	Call us to complete the questionnaire with the help of an interviewer. Monday to Thursday: 9 a.m. to 8:30 p.m. Friday: 9 a.m. to 4:30 p.m. Saturday: 10 a.m. to 4:30 p.m. Sunday: 10 a.m. to 8:30 p.m.	1-866-390-5367
-----------------	--	----------------

If you have not submitted your questionnaire online or answered it by phone, you will receive a follow-up call from the ISQ. If you are not available when we call, you can let us know what time would be more convenient for you.

For more information about this study or assistance, please get in touch with the ISQ using the contact information provided below. You will also find additional information at [statistique.quebec.ca](http://statistique.quebec.ca) under "Surveys".

This study is conducted in accordance with the *Act respecting the Institut de la statistique du Québec*, and your contact information was obtained under this Act. The ISQ has entered into an agreement with the MSSS, to whom the data collected will be sent, except for your name, address, and telephone number. Your answers will be kept **confidential** and will only be used for statistical purposes. Your participation is voluntary, but important. The ethics committee appointed by the ISQ reviewed the study to ensure it is conducted in a way that respects participants and protects their dignity.

Thank you for your cooperation. You will help us produce the high-quality statistical information that Québec needs to provide better health protection and prevention services to the population.

Sincerely,



Marc Sirois  
Chief Statistician