

Québec Population Health Survey (QPHS 2026-2027)

October 2026

Greetings,

You have been selected at random to participate in the 4th edition of the *Québec Population Health Survey* conducted by the Institut de la statistique du Québec (ISQ) on behalf of the Ministère de la Santé et des Services sociaux (MSSS). The objective of this survey is to collect data on the health of the Québec population in order to **tailor health and well-being programs to the specific characteristics of the different regions in Québec**.

There are two options to participate in the survey:

Option 1 Online	Scan the QR code on the right or go to the address shown to access the online questionnaire. Enter your identifier: statistique.quebec.ca/health	
Option 2 By phone	Call us to complete the questionnaire with the help of an interviewer. Monday to Thursday: 9 a.m. to 8:30 p.m. Friday: 9 a.m. to 4:30 p.m. Saturday: 10 a.m. to 4:30 p.m. Sunday: 10 a.m. to 8:30 p.m.	1-800-561-0213

The online questionnaire takes about 25 minutes to complete. If necessary, you can exit the questionnaire and return to finish it later. The ISQ will follow up with you by phone if you have not submitted your questionnaire. If you are not available when we call, just let us know what time would be more convenient for you.

Confidentiality and data transmission

This survey is conducted in accordance with the *Act respecting the Institut de la statistique du Québec*, and your contact information was obtained under this Act. The ISQ has entered into an agreement with the MSSS, to whom the data collected will be sent, except for your name, address, and phone number. Your participation is voluntary, but important. Your answers will be kept **confidential** and will only be used for statistical purposes.

Ethics

The ethics committee appointed by the ISQ reviewed the survey to ensure it is conducted in a way that respects participants and protects their dignity.

For more information about this survey or assistance, please get in touch with the ISQ using the contact information provided below. You will also find additional information at statistique.quebec.ca under “Surveys”.

Thank you for your cooperation. You will help us produce the high-quality statistical information that Québec needs to provide better health protection and prevention services to the population.

Sincerely,

Marc Sirois



Chief Statistician